Maclean High School





As the term draws to a close, I would like to thank all of the students who have made the most of the amazing opportunities that have been on offer at Maclean High School.

In this newsletter, I hope you enjoy reading about some of the great work we have been doing. Some stand out events this term have been the Cross Country, Year 6 Information Night and Transition Days. Students were able to complete this years cross country at the beautiful Brooms Head Beach. Reports from the community who were in attendance have all been positive and testament to the exemplary work of our staff and students.

Similarly, our first Year 6 Information Night and Primary Transition Day were great events that involved over 100 Year 6 primary students from our partner primary schools attending our school to engage in taster lessons and an information session and tour for parents and carers. Thank you to our relieving Head Teacher Administration, Mrs Sarah Bramwell, Mrs Tania Kane and our incoming Year Advisor, Mrs Kate Mawn for their excellent organisation.

At the start of next term, we will be making some time to revisit our core school expectations with our students. This will focus on:

- Student Behaviour Code and our Positive Behaviour for Learning matrix
- · School Uniform
- · Attendance expectations

I will be sharing the details with parents and carers within the first few weeks of term, and I thank you in advance for your support in ensuring we all work together to deliver on these expectations. My hope is that as we revisit this, we can start Term 2 on a positive note ready to make the most of every learning opportunity.

At the end of this term, our Deputy Principal, Mrs Carla Taylor will be leaving Maclean High School to take up a new position at Woolgoolga High School. I would like to thank her for her dedication to MHS and her consistent leadership over the last 4 years as both Deputy Principal and Relieving Principal. I know that she will be greatly missed by our students and her colleagues.

Please enjoy the upcoming holiday break. I look forward to seeing many of our students and community members at the local ANZAC Day services around the Lower Clarence on the 25th of April.

James Witchard Principal



Beyond the Uniform: Discovering ADF Opportunities

In late March our Careers Adviser Miss Fisher lined up a unique opportunity for the Australian Defence Force (ADF) to conduct an exclusive information session at Maclean High. The session focused on breaking down the various career pathways within the defence force, shedding light on the Defence Gap Year program, and exploring apprenticeship opportunities in trades within this sector. For some of our senior students this was a wonderful opportunity to build on knowledge they already had and ask questions about their upcoming interviews and for the juniors that attended it was a terrific way to discover the possible career paths the ADF can offer. Representatives from the ADF provided valuable insights into the benefits associated with joining the Defence Force. From practical skills to personal development opportunities, those who attended were offered a perspective that went beyond the uniform.

Miss Fisher







- 8 April
 - P&C Meeting
 MHS Library 6pm
- 9 April
 - ANZAC Assembly
 - Yr 7 Police Talks
- 11 April
 - Yr 12 Geography
 Mandatory
 Excursion Sandon River
- 15 26 April
 - School Holidays
- 29 April
 - SchoolDevelopment Day
- 29 April 3 May
 - Year 10 CampLake Keepit Dam







Cultural Tours

Fine, clear, and slightly warm weather was the perfect backdrop for the Year 7 Cultural Tours held at Lake Arragan, Red Cliff, and Brooms Head on 11-12 and 20 March. One hundred and sixteen students attended along with 20 staff over the three days which the Yaegl Elders hosted.

Aunty Lenore addressed the students, giving us a lovely Welcome to Country and outlining the significance of Country to the Yaegl people and how this site had been such a special place for her ancestors. She also paid respects to many Elders who had worked with our students in the past, notably Uncle Ron, who had always so willingly and freely shared his cultural knowledge and experience with hundreds of Maclean High School students over the last twenty years.

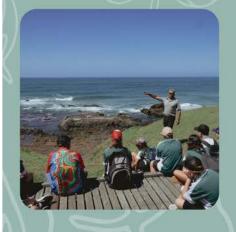
The first sites at Lake Arragan and Red Cliff Headland gave the students a unique insight into Yaegl Culture when the touring group was split into male and female groups. Uncle Dale Mercy and Uncle Shane McLeay took the boys and male teachers to the Red Cliff headland, showing the students evidence of past cultural practices and connection to the landscape. The boys were privileged to be shown a tool-making site where rocks found extensively on the headland came from the Axe Factory at Brooms Head. These rocks were used in the shaping of spears. Once the boys could see what was at their feet, they were excited to see such implements in situ. Uncle Dale and Uncle Shane reminded the boys that this place should never be disturbed and that they were fortunate that this site was still available for them to see.

Aunty Glenda took the girls to the foreshore of Lake Arragan where she discussed the importance of water and such sites for women and how nature provided the perfect visual calendar. Right on cue, the very butterfly she described floated past while the mullet was hopping about in the water. All this occurred under the watchful eye of a young kookaburra who joined us each day, taking in the conversations and Aunty Glenda's incredible cultural knowledge.

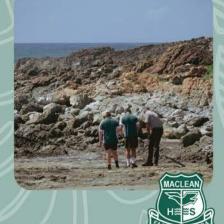
Students had recess amongst the trees at Lake Arragan before getting back on the bus to go to the eastern end of Brooms Head Beach and lagoon, which marks the location of the ancient headland that formed the perfect infrastructure that the Yaegl people used as a fish trap. Uncle Shane expertly found some periwinkles for the students to see and touch as he explained how such foods were a staple for people according to the seasons and the importance of such foods, along with the fish traps.

Once we were on top of the headland, the group was split, forming four workshops that ran for around twenty minutes. Students could hear in more detail from the Elders' information regarding the headland, the stone axe factory, and the movement of dolphins and mullet along the coast, as well as plants and animals.















Mrs Cameron and Ms Stanford ran workshops on drawing the Brooms Head back beach, as a perfect example of sketching a landscape consisting of the land, the sea, and the horizon. Finally, all students were put through their paces using a large model compass, without the magnet, to decide where the four cardinal points aligned using clues from what they could see around them. Some results were a little disorientated; however, once the proper compass with the magnet was produced, they soon worked out which way was north, and it all fell into place.

After all that activity on the headland, the students were transported to the dolphin shed for a real treat: icy cold cordial and Aunty Glenda's damper with golden syrup, honey, or jam. Everyone tucked in and thoroughly enjoyed the experience of eating fresh damper at the beach. Not long after that, all the students boarded the bus and returned to Maclean High School for afternoon lessons.

Such events cannot happen without the generosity of our Elders, who have, for many years, willingly given up their time to spend with our students and staff to give them a personal and authentic experience, which is learning about Country. Thank you to Aunty Glenda, Aunty Lenore, Uncle Dale and Uncle Shane for leading the tours and making the experience so memorable for our students and staff. A big thank you to the staff who attended the tours as well as the staff who ran the workshops on the headland. Seeing teaching and learning happening in such a unique landscape was wonderful. Thank you to Year 7, who exhibited exemplary behaviour and interest throughout the tours; well done.

Finally, thank you to our "A Team"; Uncle Sam, Aunty Anj, Aunty Krystal and Aunty Deb for their organisation and support for this wonderful educational initiative, learning on Country, which lies at the heart of our Cultural Tours.

Ms Hamilton







Cultural Tours



Maclean High School Year 7 Introduction BBQ: A Night of Warm Welcomes and Community Spirit

It's with pleasure and gratitude as the Year 7 Adviser that I reflect on the recent Year 7 Introduction BBQ. On behalf of the entire school community, we extend our thanks to all the students and families who attended. It was a remarkable evening full of warm introductions and new connections.

The Year 7 Introduction BBQ served as a platform for our new students and families to socialise with each other. As well, it was an opportunity for families to connect with the broader school community including teachers, SRC students, and representatives from the P&C. The evening atmosphere was made light and fun by the talented music students who entertained with some lively tunes. Thank you for giving up your time to entertain us all.

A special thanks goes out to Sarah Rossington and the SRC students for their outstanding efforts in organising and catering for the event. Sarah's leadership and the dedication of the SRC members ensured that everyone was well-fed throughout the evening. Every detail was meticulously taken care of and the sausages were cooked to perfection.

Events like the Year 7 Introduction BBQ emphasise the importance of fostering a sense of belonging and inclusivity within our school community. It gives me great joy to witness the integration of our new Year 7 cohort into the Maclean High School community. This is only possible through the warm reception and support extended to our new students and families by the staff and current students at Maclean High School.

Once again, thank you to everyone who contributed to the success of the Year 7 Introduction BBQ. Your presence and participation are deeply appreciated and serve as a testament to the strength of our school community.

Here's to a fantastic year ahead filled with learning, growth, and memorable experiences for all.

Mrs Lennon Year 7 Adviser











NSWCHS - Secondary Individual Tennis Championship

Samantha and Nathan participated in the NSWCHS Tennis championships last week in Parramatta.

Nathan played well getting through the first round of singles in a tough draw but came down with the flu so he struggled in his next game and his doubles, both of which he was knocked out in the second rounds.

Samantha had a great week, she was beaten in her second singles match and then played in the consolation draw and ended up getting a silver in this event. She is 2nd reserve for the NSW All Schools event in Bathurst later this month.

Samantha and her partner played well in the girls doubles event and they came through with a bronze medal.

Mr Whiteside





Year 11 and Year 12 Legal Studies classes have attended the Local Maclean Court to gain real-life insight into the roles and responsibilities within the courtroom. We would like to thank the Magistrate who took the time to have Q & A opportunities with the students to help enhance their learning.

We would also like to thank all the staff members in the courtroom for making us feel so accommodated whilst on our excursions. Students enjoyed their learning experience, as it allowed them to enhance what they had been learning in the classroom. Students were also able to gain insight into different career options within the legal and police sectors.

Mrs Bramwell



Senior Legal Studies

The Cross Country was run on Friday 22nd March. Due to construction taking place at the school, students were bused to Brooms Head where a course was run along Brooms Head main beach.

Thankfully, the rain stayed away for most of the day.

Well done to the following Age Champions

12 yrs Reid and Phillipa 13 yrs Daemyn and Allara 14 yrs William and Freya 15 yrs Sonny and Zahli 16 yrs Bodhi and Grace 17+ yrs Yayden and Zoe

Fastest Boy Bohdi Fastest Girl Freya

Champion House - 1stWaandyi - 640, 2nd Garidi - 503, 3rd Yugaamgan - 494 and 4th Wuy-Wuy - 409

The first four placegetters will now be eligible to compete at the Northern Rivers Zone carnival at Evans Head on Friday 17th May. Permission notes will be given out early next term.

A huge thank you to the staff who filled many roles as officials and walking or running the course with the students. Also thank you to the students for helping with the BBQ and selling drinks and icy poles on the day. It was great to see many members of the public sitting along the foreshore cheering students during their run.

Mr Whiteside









MHS Cross Country Championships



Harmony Week

Harmony Week is the celebration that recognises our diversity and brings together Australians from all different backgrounds. It's about inclusiveness, respect and a sense of belonging for everyone. This year Mattea, Eloise, Tarni and Arana planned, promoted and catered a celebration and fundraising event. They embraced ideas from our SRC and sourced reusable cups that can be used for other events to reduce the environmental impact of single-use plastic. The return and earn initiative was well received by the students and staff, who returned their ice-cream spider cups for a 50c refund.

With the money that Maclean High School raised, the girls sponsored blankets and sleeping mats for a family who had been forced to flee their home. Leaving everything they owned behind, there was warmth and comfort when they arrived at a refugee camp. They also sponsored five babies, so they can have clean nappies for the next month. For parents fleeing their home with an infant to care for, the scarcity of fresh food and clean water adds enormous risk to their lives. Babies suffer further and are at greater risk of health issues if they are kept in dirty, wet nappies.

I am so proud of these young women!

Mrs Turner





Georgie and Bryson recently competed in the state finals in Sydney. Georgie emerged victorious in her heat for the RAS Junior Cattle Parading and performed admirably in the highly competitive final. Bryson secured 4th place overall in the RAS Poultry Young Judges State Final. Congratulations to these students on their amazing achievements.

Mr Kirkland



Sydney Royal Easter Show

ww.maclean-h.schools.nsw.edu.au / 02 6645 2244

North Coast Football (Soccer) Trials



Decoda and Zahli travelled to Coffs Harbour on the 4th of March to take part in the North Coast Football (Soccer) trials as part of the boys and girls Northern Rivers Zone sides.

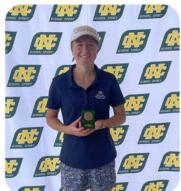
The boys had a tough day at the office. A 3-0 loss to Mid North Coast, a 2-0 loss to Far North Coast and a 1-1 draw with Lower North Coast. No students were picked in the North Coast team this year from our zone, but on a positive note, Decoda will be available for selection next year as he is in Year 11, so it was a good experience for him.

In the girls, first up they played Far North Coast and led 1-0 at half time. The score ended up 1-1 in the end. They then played Mid North Coast and went down 1-0. Then they played Lower North Coast which was a 0-0 draw. The day ended with a Possibles vs Probables as there were many girls who were at similar skills levels. Three of the girls from our zone were selected to participate in this match which included Zahli. Zahli was successful in being selected for the North Coast team and will now compete at the State Championships in Coffs Harbour 7-9 May.

Mr Whiteside

On Tuesday 2nd April 7 students from Maclean High travelled to Murwillumbah for the North Coast Golf Championships. A quote from a parent who travelled to the event, "students were awesome, honest ambassadors for Maclean High". Noah won the boys event with a 5 under par round of 66 off the stick and Tana won the girls event. Both Noah and Tana will now travel to the NSWCHS Championships as part of the North Coast team.







North Coast Golf Championships

Come-and-Try Athletics Days







Come-and-Try Athletics days give students the opportunity to experience athletics, in an enjoyable, non-competitive setting.

Students have the chance to participate in a variety of races on the track, as well as modified field events.

The students had a wonderful time participating in 50m, 100m, 200m sprints, Shot Put, Long Jump, Discus and Javelin. Bring on the school Athletics Carnival this year!

Mrs Plowman







Maclean High School SRC called for volunteers to help them clean up the litter around the school and heaps of willing students responded. Regardless of the heat, they so willingly filled bags of rubbish from around the school dodging lizards and competing with each other to fill the most bags of rubbish. A well deserved icypole reward awaited them upon finishing.

We are so lucky to have a school right beside the amazing Clarence River. Lets make a concerted effort to keep rubbish out of it. Thanks for your help during Clean Up Australia Day

Mrs Rossington







Clean Up Australia Day



North Coast Swimming Championships

The North Coast Swimming Championships were held on Tuesday 19th March at Casino.

Maclean High sent 30 students to compete who had qualified previously at the Northern Rivers Zone carnival. We were the winning school with 469 points, Woolgoolga High second with 217 points and Camden Haven third with 215 points.

Age champions included: 14 Year girls – Freya, 15 Year boys – Hayden and 16 year boys - Jett.

Freya was the Tim Mullins award recipient for Champion Swimmer of the meet.

26 students have qualified for the NSWCHSSA -Swimming - Championship 2024 to be held on Monday, 13 May to Wednesday, 15 May. Please be aware that the top 3 placegetters in each event are eligible to compete at state.







Congratulations to our super swimmers Freya, lan, Jett and Hayden who have qualified for the 2024 Australian Age Championships. They will be competing at this elite level on the Gold Coast from the 6th - 14th April 2024. We are proud of their dedication and efforts and wish them every success.

Hayden has qualified for Boys 14-15 200m Medley Relay, 14-15 200m Freestyle Relay and 50m Backstroke.

Freya has qualified for Girls 100m Butterfly, 50m Freestyle, 50m Breaststroke, 50m Butterfly, 100m Breaststroke, 100m Freestyle and 200m Breaststroke.

Ian has qualified for Boys 100m Butterfly, 14-15 200m Medley Relay and 14-15 200m Freestyle Relay.

Jett has qualified for Boys 50m Freestyle, 14-15 200m Medley Relay, 100m Butterfly, 50m Butterfly, 14-15 200m Freestyle Relay, 50m Backstroke, 200m Butterfly and 100m Backstroke.



Australian Age Swimming Championship Qualifiers

Recently our senior learning hub students visited Summerland Farm at Alstonville for a Careers excursion. Organised by our Careers Adviser Miss Fisher and supported by their classroom teacher Mrs Ohlmus & SLSO's Annie & Jacinta the trip provided an invaluable opportunity for our students to gain insights into various work training opportunities and career paths available to them.

From the moment they stepped off the bus the students were immersed in a diverse range of vocational training areas, each offering unique insights and hands-on experiences. From learning about restaurant and functions, retail operations, horticulture, farm operations, reception duties, egg farming, to cleaning and landscape maintenance, our students had the chance to explore a wide array of potential career paths. Exploring independent living options, they were also able to gain valuable insight into the opportunities available just up the highway where they can live with housemates onsite.

The excursion to Summerland Farm was not only educational but also inspiring for our students as they began to envision their future career paths. We are confident that this experience has sparked their curiosity and enthusiasm for exploring different vocational opportunities and preparing for successful transitions into the workforce.

Miss Fisher













Sparking Curiosity at Summerland Farm

University ATAR Alternate Applications

What is an ATAR Alternate Early Entry? Entry which allows our Year 12 students to receive an offer to university based on factors other than ATAR. Sometimes they will also receive an offer prior to sitting their HSC exams.

Benefits

Reduced Stress: Starts process early, reducing last-minute pressure and some offers come out prior to exams.

Wholistic Evaluation: Considers abilities beyond test scores.

Personal Growth: Fosters critical thinking and leadership skills.

Which are 'other factors' which may be considered?

Personal Experiences: For example, Charles Sturt University Advantage program looks at times you have shown empathy and resilience or **Specific Academic results:** Recognises outstanding achievement or you 'Band' results of subjects related to the degree you want to study eg University of Newcastle of University of Western Sydney.

Leadership Skills: Macquarie Uni Leaders & Achievers program looks at how you have shown leadership in the community, this could be by volunteering with the Rugby League Club, working part time or being a member of the SRC.

Interviews: These provide an opportunity for you to explain and demonstrate you are suitable for a course. The University of Wollongong also allows you to bring examples of work and references.

Auditions/Portfolios: Sometimes universities will ask you to audition or bring examples of your work. The University of NSW offers an online portfolio entry option for many degrees, not just those in the creative arts.

GAP YEAR?

A gap year is a period, typically taken after completing high school during to pursue personal, professional, or experiential opportunities. What are the benefits?

Personal Growth: Provides opportunities for self-discovery and resilience. **Exploration:** Allows you to pursue interests and clarify career aspirations. **Cultural Immersion:** If you choose to travel it exposes you to diverse perspectives and enhances global awareness.

Academic Refreshment: Provides a break before pursuing higher education with renewed focus.

Mental Health: Contributes to improved well-being by reducing stress and prioritising self-care.

Financial Planning: Allows time for saving money and exploring funding options.

A gap year can be a transformative experience, fostering personal, academic, and professional development for you before you embark on you next life phase. Have a look on Sentral for Gap Year options working in Summer Camps, the snow or as an Au Pair, there are also Gap Year options to explore in the Australian Defence Force.

If you want more info about University Alternate Entry or options when taking a Gap Year have a chat to our Careers Adviser Miss Fisher who is located in the Library

CAREERS



Atomi

We're pleased to announce our continuing partnership with Atomi. Atomi has been used at Maclean High for two years and is loved by our staff and students. Trusted by over 700 Australian schools, Atomi is an online learning platform that helps your child understand their content and improve their results through video lessons, interactive guizzes and intelligent features. In partnering with Atomi, your child will now be able to access Atomi's entire catalogue of subjects. Teachers will be using Atomi in class to provide more specific and targeted learning support and your child will be encouraged to use Atomi in their own time to further their own learning. If you would like more information about Atomi, you can view their website.

atomi

Ms Vadher



The awesome staff and students at Maclean High School united for The World's Greatest Shave. The results are hair-raisingly fantastic!

Thank you for the support shown so far. There is still time to donate.

http://my.leukaemiafoundation.org.au/sarahrossington2

Mrs Rossington







World's Greatest Shave

Open Touch Football

On Thursday the 21st of March, the boys and girls open division touch football teams travelled to Goonellabah for the annual North Coast Touch Football Opens Competition. In this annual knockout competition, teams from all over our zone congregated to compete for a chance to make it on to regional and state levels. As well as team-based glory, individual players are also fighting for selection into the zone representative teams. The weather was more than wet, it was sodden, ankle deep in parts of the fields. Dangerous conditions for an electric performance, yet that's what both teams delivered, putting on some high voltage displays.

The girls skimmed across the lake-like fields, demonstrating speed and skill against their opponents. The team consisted of Tana, Sarah, Leilani, Chloe, Addison, Dimity, Sophia, Mia, Mahlia, Isobel and Star. They didn't emerge victorious at the end of the day, but they sure impressed all challengers, racking up multiple tries and one commanding victory. Special congratulations go to Sarah and Chloe who were picked by selectors for the representative team.

The rain couldn't dampen the fiery display the boys put on; the puddles just added dramatic splash effects to the impact of their sizzling steps. The players were Zach, Yayden, Zephyr, Kennyon, Antwone, Jasper, Maxwell, Vincent, Axel and Oliver. After dominating Evans in the opening round, they faced their biggest rival in the region, Alstonville, which ended in a draw. Unfortunately, the usual drop off rules weren't in effect and the scorer of the first try went through, eliminating the boys on a technicality. They showed great sportsmanship and later found solace in some delicious but non-nutritious KFC. Particular commendations go to Zach, Yayden, Zephyr, Jasper and Antwone who were selected in the representative squad, as well as Axel who was selected as a reserve.

Well done to all the players for representing our school so impressively.

Mr Wythes and Mr Obst, with special thanks to Mrs Lowe's wonderful organisation.





We held our AGM on Monday 11 March and had a pleasing turn out. We elected our new office bearers and we would like to thank everyone who is a part of this group. Volunteers these days are scarce so it's wonderful that we have all the positions filled and that we have such a healthy and vibrant committee.

President – Philippa Hayman Vice Presidents – Vivien Miller and Jane Abbott

Treasurer - Veronica Barker

Secretary - Katharine Stoddard Assisted by Anna Law

Finance Committee - Veronica Barker and Andrea Miltiadou

Uniform Committee - Vivien Miller and Veronica Barker

Canteen Supervisor - Penny Lane

Canteen Assistant - Anna Law

Canteen Committee – Jane Abbott, Philippa Hayman and Veronica Barker

We meet the second Monday of the month during school term in the library at 6pm. It costs a token \$5 to join the committee and you will receive all email correspondence from the meetings. These are the dates for this year:

- 8 April
- 13 May
- 17 June
- 8 July
- 12 August
- 9 September
- 14 October
- 11 November
- 9 December (Dinner)

Lastly, I would also like to appeal to anyone in the greater community that may be able to volunteer a few hours whenever its convenient, to assist in our school canteen. The hours can be anything between 9am and 1.30pm. If you are able to assist, please call Penny on 0403 283 580

Next P&C Meeting 8th April MHS Library 6pm V © NEWS









MACLEAN SHOW SOCIETY LTD

131st Agricultural & Industrial Show Maclean Showground on Tuesday 16th & Wednesday 17th April



LOWER CLARENCE SUNS

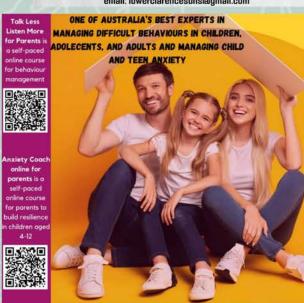
Auskick, U10, U12, U14

AFL for boys and girls

Training Wednesdays 4:15-5:15 from March 20th Yamba Sports Centre AFL field

SIGN UP TO PLAY.AFL

email: lowerclarencesuns@gmail.com



Rotary Youth Exchange

Rotary (



Discover the world, become a Rotary Youth Exchange Student.

Gain new perspectives, make lifelong connections, and foster peace.

- Short Term Exchange 3 months to Germany. Depart Oct 2024
- Long Term Exchange 12 months to multiple country options. Depart Jan 2025

How to find out more

- Visit our website ryea.org.au to submit your Expression of Interest..
- Email Nikki assistchairyepd9660@gmail.com
- Call Nikki 0439 249 574
- or contact your local Rotary Club



understorey youth theatre







YOUTH THEATRE INTENSIVE WITH INTERNATIONALLY ACCLAIMED ARTIST NOA ROTEM & UNDERSTOREY YOUTH THEATRE DIRECTOR AJITA CANNINGS

HOLIDAY DRAMA WORKSHOPS

BANDJALANG COUNTRY © CLUB EVANS HEAD RSL
OW DON'T METRICAL UNITED BY



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Is your child in year 7 or year 10?



Everyone deserves to feel safe at

school

Please treat our staff and students with kindness and respect

Aggressive behaviour will not be tolerated Together, we can create a safe and harmonious environment for our students and staff

education.nsw.gov.au

Provide your consent for routine school vaccinations online.

At the beginning of the school year, your child's school will share the link to complete the online consent form.

Benefits of providing online consent:

- · easily update your child's details
- get SMS notifications when vaccinations are given
- faster upload of vaccination records to the Australian Immunisation Register (AIR)

To provide online consent, you will need:

- · the link provided by the school
- · your Service NSW log-in details
- medicare details for you and your child

Scan the QR code to give your consent now.





For more information on vaccination visit: health.nsw.gov.au/schoolvaccination

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NSW Health

Helpline Numbers/Online Resources

Kids Helpline: 1800 551800 or www.kidshelp.com.au

Lifeline: 13 1114 or <u>www.lifeline.org.au</u>

Headspace: 1800 650890 or www.eheadspace.org.au **Beyond Blue:** 1300 224636 or www.beyondblue.org.au

Reachout: http://au.reachout.com

Suicide Call Back Service: 1300 659467

Parent Line NSW: 1300 1300 52 or www.parentline.org.au
WayAhead Directory: http://directory.wayahead.org.au

Mental Health Telephone Access Line: 1800 011511 (operates 24 hours a day, 7 days a week.

It is staffed by clinicians who can provide advice, make referrals and link callers to the Mental Health Service in their local health district).

School Counsellors: Mr Andrew Allen & Ms Tay Cone

Wellbeing Health In-Reach Nurse: Mrs Sally Loy (Work No: 0484 648 062