



Dear Parents, Caregivers and Students,

Activities week will commence at the end of Week 9, and will run over the following days: **Thursday 13th, Friday 14th, Monday 17th and Tuesday 18th December 2018**. Reward school based activities will run on Wednesday 19th of December with students experiencing a different activity each period.

The purpose of activities week is to improve on and develop new skills, sample a variety of leisure activities and to provide opportunities for students to engage in an activity not offered in the school curriculum. It also helps to develop social skills, independent thinking, team work and creativity.

- Complete the general permission note and relevant medical information.
- Please select your preferences for both morning and afternoon activities **OR** a whole day activity on the permission note at the end of the booklet.
- Circle YES if you require transport by bus to your first preference.
- Students are reminded that there will be **no canteen** on Wednesday and each period will be a school based activity.
- Some activities will have an individual specific permission note, that will be handed out by the teacher in charge prior to activities week.
- Students are still able to catch their normal school bus to get to school in the morning, and to return home in the afternoons.
- **Notes** should be returned to the school front office as soon as possible. Final payments should be received no later than **Friday 30th of November**.
- **All money** payments need to be **finalised by the 7th of December**.
- Attendance is required.

Mr Greg Court
Principal

Ms Donna Watts
Activities Week Coordinator

Activity Week Times

Morning Supervision:	8:30am- 9:00am
Yamba Bus Departs:	8:45am
Morning Session:	9:00am-12:00pm
Lunch:	12:00pm – 12:45pm
Yamba Bus Departs:	12:00pm
MHS Bus Departs:	12:00pm
Afternoon Session:	12:45pm-3:20pm
Yamba Bus Departs:	2:30pm
Bus Pick Up/ Drop Off Points for Activities:	
<ul style="list-style-type: none">• Maclean High School• Maclean Pool• Yamba Golf Course• Pippi Beach• Turners Beach• Whiting Beach• Main Beach• Yamba Cinema• Coles – drop off in pm at Bus Driver's discretion	

Morning Activities

Stand Up Paddle Boarding

Teachers: Miss Fisher, Mrs Everson, Mrs Bricknell

Class Size. 20

Description: Learn the art of paddle boarding and enjoy the beauty of Whiting beach in the summertime.

Cost: \$40.00 plus bus - \$20.00 if required

Venue: Whiting Beach

Transport: \$ 20.00 for Bus if required

Estuary Fishing

Teacher: Mr Lange

Class Size. 20

Description: Practice in fishing estuary and river locations in and around Yamba, bait collection and species identification. You should bring your own fishing gear and bait.

Cost: NIL – plus bus \$20.00 if required

Venue: Yamba and environs

Transport: Bus \$20.00 if required

Surfing for Girls

Teachers: Mr Ambrose, Miss Bowley, Mr O'Loughlin, Mrs Bradley, Mrs Goggin

Class Size. 40

Description: Board riding fundamentals for girls. Learn to paddle, duck dive, stand, turn and carve. Emphasis on fun, fitness and good vibes. There will be two groups - beginners and more advanced. You must supply own or borrowed surfboard and leg rope. Malibu or mini-mals are best. No boogie boards.

Cost: NIL plus bus \$20:00 if required.

Venue: Turners and Pippi Beach

Transport: \$ 20.00 for bus if required

Board Games

Teacher: Ms Brooks

Class Size. 20

Description: includes games such as Pictionary, Monopoly, Scrabble, Boggle, Upwords, Risk, Chess, Card games and jigsaw puzzles etc. For serious board games enthusiasts only. Learn new games and play your old favourites.

Cost: NIL

Venue: MHS

Transport: NIL

Surfing

Teachers: Mr McBride, Mr Black

Class Size. 40

Description: Students must have Surf Life Saving Certificate or Surf Awareness Certificate. Board riding at Pippi Beach supervised by teachers qualified to supervise school surfing.

Cost: NIL – Plus bus \$20.00 if required.

Venue: Pippi Beach (depending on prevailing winds- could be Turners or Main Beach)

Transport: Bus \$20.00 if required.

Computer Simulation

Teacher: Mr Kelly, Mr Bancroft

Class Size. 60

Description: Use the internet to find and experience various computer games or simulations with educational relevance.

Cost: NIL

Venue: E6/ E5

Transport: NIL

Beach Bliss

Teacher: Mrs Oestmann, Ms Taylor, Ms Leeson

Class Size: 30

Description: Start the day with a walk by the ocean. Follow this with a refreshing dip in Yamba's Main Beach Pool, some sandcastle modelling or enjoy a book and a chat in the shade at the beach. Finish the morning with a refreshment or an ice-cream.

Cost: money for refreshments or an ice-cream plus bus \$20.00 if required

Venue: Whiting Beach, Yamba.

Transport: \$20.00 for bus if required.

Surf Videography

Teachers: Mr Ramsey and Mr Whiteside

Class Size: 10

Description: Shoot and edit film. All materials provided.

Cost: NIL plus bus \$20.00 if required

Venue: Angourie Point/ Green Point / Turners

Transport: \$20.00 bus if required.

Kayaking

Teachers: Mrs Lowe, Mr Obst

Class Size: 16

Description: Enjoy paddling the Clarence River, learning and discovering the intricacies of our local river system. This activity will allow you to develop basic paddling and turning skills and be able to negotiate a variety of courses to improve your techniques. A daily speed and navigation test will determine best paddler for activities week.

Cost: \$5.00 + \$3 on Day 1 for Pool entry.

Venue: Maclean – Clarence River near MHS and Maclean Pool on Day 1 for swim test.

Transport: NIL

A Work a Day

Teacher: Mrs Simpson

Class Size: 20

Description: Come along and flex your creative muscles with a variety of activities planned for each of the days of Activities Week.

A permission note will be required for the days we are walking beyond the school grounds.

Day 1: Thursday Learning to draw using observation. Use tone and colour to make your drawings look realistic.

Day 2: Friday Digital Photography Walk. Maclean High environs and main street. (Permission Note Required) Walk to find excellent digital shots which are well composed and show your flair. Learn the basics of composition .

Day 3: Monday Silkscreen Printing and Acrylic Painting. Learn to cut stencils and print onto your choice of fabric items. May make great gifts! Or Create a wonderful acrylic painting on canvas of your chosen subject.

Day 4: Tuesday Silkscreen Printing and Acrylic Painting. Complete the tasks you have begun on days 3 & 4. Some people may be framing or gift wrapping.

Cost: \$10.00

Venue: MHS – Art Rooms, Maclean Township, showground

Transport: NIL

Rowing

Teacher: Miss Jagoe

Class Size: 12

Description: Learn to row or enjoy completing a rowing and development training program on the beautiful Clarence River. Students will have the option to row in both crew and/or single sculls.

Cost: \$40.00 (Access to venue and facilities (including fuel for the supervising speedboat), equipment hire and refreshments)

Venue: Lower Clarence Rowing Club

Transport: Nil

Musical Set Making

Teacher: Mrs O'Neill

Class Size: 10

Description: "Design, create and paint sets, props and costumes required for the next year's school musical- Shrek"

Cost: Nil

Venue: MHS

Transport: Nil

Trash and Treasure – Retro and Vintage

Teachers: Mrs Vadher

Class Size. 25

Description: Learn the art of “op-shopping” on this unique op-shop crawl throughout Maclean. We will train our third eye to pick out a bargain and to make it look like a million dollars.

Cost: : \$5.00 plus additional money for individual purchases at the Op shops.

Venue: Maclean Township

Transport: NIL

Afternoon Activities

Afternoon Golf

Teacher: Mr Izzard

Class Size: 20

Description: Polish your game. Use your own clubs or they will be provided.

Cost: \$20 (\$5 a day or \$3 per day for YGC Junior members)

Venue: Yamba Golf Club

Transport: bus - \$20.00 if required.

Indoor Leisure Activities

Teachers: Mr Cassidy, Mrs Rowe, Mr Christinson

Class Size: 40

Description: Provide a number of leisure pastimes including electronic games (PlayStation + X-Box), videos, games, reading, etc. That can be carried out in a peaceful environment.

Cost: NIL

Venue: MHS – Science Block Top Floor

Transport: NIL

Yoga and Foot massage

Teacher/s: Mrs Bennett, Mrs Tarrant, Ms McLeod

Class Size: 20

Cost: NIL

Location: E7, E8

Description: Come and enjoy a time of gentle body movement as we participate in a Yoga class. A meditation time will follow to fully relax our senses. Aromatherapy oils, hand massage and time for reflection will complete the time. Namaste.

Handball under the hanger

Teachers: Mrs Willis

Class Size: 20

Description: Hang in the quad for a variety of handball games and competition. Be ready to stay on the go for a couple of hours of power hitting. Who will be the Ace?

Cost: NA

Venue: Under the hanger at Maclean High School

Transport: Nil

Swimming for Pleasure

Teachers: Mrs Fira, Mr Lumley, Mr Crowley, Mrs Johnson, Miss Werry

Class Size: 80

Description: A fun afternoon of free swimming at the pool. Bring sunscreen/ hat/ shirt.

Cost: \$2.70 (pool entry) per day

Venue: Maclean Pool

Transport: Bus - \$20.00 if required.

Movie Goers Delight

Teachers: Mrs Webber, Miss E Watts, Mrs Johnson, Mr Bates

Class Size: 200

Description: Take in 4 current release movies at the Yamba Cinema.

Cost: \$28

Venue: Yamba Cinemas (Coldstream Street)

Transport: Bus - \$20.00 if required.

Munchies at the Movies

Teachers: Mrs Dehnert, Mrs Jurd

Class Size: 25

Description: View a recent release or classic DVD. Break for afternoon tea and then view the remainder of the movie.

Cost: \$10.00

Venue: MHS- E10

Transport: NIL

Kite Surfing

Teacher: Mr Shannon

Class Size: 10

Description: On the beach training in how to inflate the kite, connect the strings, control the power, steer, depower, rules and safety of flying. There will be a demonstration of a large 12m kite and its flight capabilities. Students will be able to fly a trainer kite and put all that training in practise.

Cost: NIL plus bus \$20.00 if required

Venue: Pippi Beach

Transport: Bus - \$20 if required

Sewing for Fun

Teacher: Mrs Hosking

Class Size: 10

Description: In the airconditioned comfort of T10. Escape the summer heat, iced water on tap. Project of your choice Example: simple patch work. Upcycling of shop finds. Jassy bags for super market/Fashion. Come to me with your ideas ASAP.

Cost: \$2.00

Venue: MHS – T10

Transport: NIL

Dance

Teacher: Ms Stanford

Class Size: 30

Description: Students will be working with Daner and Choreographer Ms Mandy Passion. Over the four days students will look at what goes in to making a small production. Learn dance moves, understand and contribute to chorography as well as learning about film making. We have the opportunity to enter in the Youth Mobile phone short Film Festival or you can just come and Dane. Any questions please see Ms Stanford

Cost: \$40

Venue: MHS Hall

Transport: NIL

All Day Activities

Shine

Teachers: Mrs Court, Mrs Essex, Mrs Hollis

Class Size: 20-25 Girls (closed activity- students who have booked a place only)

Description: A personal development program for girls focusing on personal care (skin care, nail care, make up, hair care), etiquette, deportment, making choices and respect for themselves and others.

Cost: \$35.00

Venue: MHS – E7 & E8

Transport: NIL

Sound Recording Year 12 Music students.

Teacher: Mrs Bowie

Class Size: CLOSED ACTIVITY. Year 12 Music students.

Description: Experience in a professional recording studio.

Cost: \$50.00 (includes copy of CD)

Venue: Heaven studio, Yamba.

Transport: Private.

Scuba Diving

Teachers: Mr Fisher, Mr Ohlmus, Mr Patch, Mrs Olhmus and Jetty Dive

Class Size: Maximum 10, Minimum 6 (students 15yrs and over ONLY)

Description: Learn to SCUBA dive. The course involves 1 day in Maclean, 1 day Grafton Pool and 2 days diving at the Solitary Islands. The course will allow you to dive anywhere in the world. There are conditions- see organising teachers for more details.

Cost: \$495.00 (open water and or advanced) plus travel plus medical.

Venue: Maclean, Grafton and Coffs Harbour.

Transport: To be arranged depending on numbers.

Activities Week Selection Sheet, 2018.

Name:Year:

Morning Activities

1.
2.
3.

Do you need to catch the bus to this activity? YES or NO

Afternoon Activities

1.
2.
3.

Do you need to catch the bus back to school after this activity? YES or NO

All Day Activities

1.
2.
3.

PARENTAL CONSENT FOR EDUCATIONAL EXCURSION

I hereby consent to my son/daughter ward.....participating in Activities Week approved by the Principal on **Thursday 13th, Friday 14th, Monday 17th and Tuesday 18th December 2018.** Notes and money needs to be returned to the school front office no later than **7th of December 2018.**

Special needs of my child which you should be aware (e.g. allergies, medication, etc) include:

.....
My child has a diagnosed medical condition (*please circle yes or no*) YES NO
*If you have answered yes, details **must** be provided below.*

.....

In the event of an accident or illness, I authorise the obtaining of, on my behalf, such medical assistance as my child may require. I also undertake to pay medical fees and the cost of medication prescribed by a doctor.

School uniform is **not required to be worn during activities week** unless stated otherwise.

Parent/Guardian Name:.....

Parent/Guardian Signature:.....**Date:**.....

Emergency Contact Name:.....**Phone:**.....

Student Medicare Number:.....