

## NEWSLETTER MACLEAN HIGH SCHOOL

## Dates to Remember

24 - 26 Oct Year 8 Camp

31 Oct - 2 Nov CHS 15's Netball

31 Oct - 4 Nov Year 8 Science Valid Tests

2 Nov Year 6 Transition Day

7 Nov - 10 Nov NSW CHS Girls Cricket

14 Nov P & C Association Meeting in the library at 6.30pm

17 Nov Year 9 One Stop Shop

22 Nov Year 7 Vaccinations & catch ups

1 Dec Presentation Night

5 - 16 Dec Work Placement Hospitality

7 - 9 Dec Year 9 Camp

14 - 16 Dec End of Year Activities



## School Production: The Election

After two terms of development, three nights of shows and a final matinée performance, the School Production is a wrap! The kids did an amazing job, successfully bringing together a two hour show that kept their audiences captivated. It's no easy feat to remember two hours worth of lines and movement and then bring those lines to life under the lights, but these kids managed to do it with flair! They provoked laughter and applause in equal measure, demonstrating their comedic and dramatic abilities.

The wonderful cast involved were: Kate Moore, Ava Young, Jazmyn Adey, Daniel Causley, Sumira Mahoney, Ethan Moore, Ruby Martini, Mitchell Sana, Kieren Karstens, Alora Mahoney, Deron Wilson, Sasha Warboys, Hailey Rutkowski, Ashley Rutkowski, Charli Ryan, Sarah Johnson, Chantelle Woods, Isla Gray, Connor MacIver, Krystal Lane, Ian Burgess, Ella Roach, Annika Apps, Leah Jenkins, Cloe Flaherty and Paige Huxley. The terrific crew involved were: Ruby Forrest, Jocelyn Menzies, Oceane Mitchell, Maddie Fishburne, Sophie Waters, Monique McPherson and Harmony McMullen. These students should all be very proud of their efforts and I'm sure we'll see them light up the stage again in next year's production.

- Mr Joe Wythes



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OCTOBER 2022 - 21st October



## From the Principal's Desk

## Welcome back to Term 4

I would like to welcome our students, staff and families back for Term 4. We have a lot to look forward to this term including a variety of excursions, presentation evening, end of year activities and two groups who are off to State Finals for Netball and Ten Pin Bowling in the coming weeks.

Congratulations to our Year 12 students who started their final HSC examinations last week.

### Donations to the school

If you are leaving Maclean High School or have grown out of uniforms we are in need of good quality second-hand uniforms to add to our clothing pool. You may also donate your YONDR pouch back to the school.

### **Staff Changes**

I would like to announce that Bronwen Roberts has been appointed permanently to Maclean High School as a central appointment and will continue in her current role. Congratulations Ms Roberts.

#### Term 4

Scaffolding has gone up around our Maths and Library block as the roof is being replaced. All mathematics classes have been re-roomed in other areas of the school while the upper floor is out of action. I would like to congratulate our students on adapting to these changes. We will hopefully see classes back in those rooms toward the end of the term.

The demolition work has well and truly begun on our outdoor basketball courts in preparation for brand new courts and a large COLA.

A public information session is being held November 9, 2022, at Maclean High School to present the extension program of works taking place. This will be held in the school Library and an invitation will be sent out in Week 4.

- Mrs Carla Taylor Relieving Principal

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## Photos from the School Production: The Election



## **Clarence Valley High Schools Touch Football Shield**

On Tuesday evening, October 19, 45 Maclean High students dodged the weather forecast and participated in the newly named Clarence Valley High Schools Touch Football Shield (formerly Daily Examiner Touch Competition). This annual event has had a 3-year hiatus due to weather and COVID restrictions, so it was great to be back playing the coveted position of Clarence Valley winners and with it, the bragging rights for the next year.

The students competed in 4 divisions – Junior (Yrs 7 & 8) and Senior (Yrs 9, 10, 11) in both boys and girls. Our school contested all four divisions with a number of very successful games. Students displayed a variety of skills in both attacking and defensive plays and were competitive in all games throughout the night.

Our Senior Boys team had the greatest success this year with not only becoming winners of the division but also Yayden Campbell was named "player of the series" for this division. Congratulations on this effort Yayden as it was a very closely contested position, with only 1 point between 4 competing students.

For everyone else, an awesome effort for 2022. I look forward to seeing our teams come back to challenge to regain the shields next year.

Thankyou to Mr Wythes, Mr Obst and Mrs Rossington for assisting me to run the 4 teams on the night and to the parents, students and ex-students who came out to support our local teams.

- Mrs Kylie Lowe



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## Cattle Show Team

Last week 22 Cattle Show students and 10 Cattle represented our school at the Casino Show. The team had some amazing results.

Champion School Steer bred by Peter Alford of Tarcoola Limosine Stud in a field of 18 steers.

3rd Hokey Pokey Bred by Great Marlow Speckle Park Stud 4th Mack Bred by Great Marlow Speckle Park Stud 5th Bambi Bred by Maybrook Pastoral Pillar Valley The teams 4 steers making up 4 of 6 steers in the final

In the Open Steer over 400kg 3rd Toffee 5th Hokey Pokey 6th Mack In a field of 19

In a field of 44 students in Junior Parading 13 to 19 Years 3rd Nash Shrader 4th Grace Carr 5th Georgie Lee 22 students from MHS competition in Parading. 6 of 8 in the final. A massive achievement.

#### Stud Cattle

Bos Indicus female 20 to 24 month 2nd Maria May Bred by Glynelly Brafords Bos Taurus Female 16 to 20 months 3rd She's the One Bred by Great Marlow Park

A huge 4 days of competition for the students. Some great results.

We would like to thank all of the parents for their support and the continual support from our breeders and sponsors.

Looking forward to the Lismore Show from Wednesday to Saturday this week. A short turn around but students are ready for strong competition.

Well done team.

Mr Chris Kirkland
Agriculture Teacher
Primary Industries Teacher

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## **Student Representative Council**

In Term 3, the SRC participated in some wonderful activities to raise money and awareness for a selection of worthy foundations and charities.

The first event that was held last term was the sale of Legacy Badges and wristbands to the students and staff around school. The proceeds raised by the selling of these badges were sent to the families of army personnel who have passed away.

After the legacy badges, the SRC ran a week focusing on body positivity which came under the Butterfly Foundation. The SRC handed out butterflies on which the students could write positive messages to each. The SRC then used these to create a wall in the library where they were displayed. This was a good way of promoting positivity throughout our school.

During Body Positivity week, the SRC also ran RUOK Day promoting checking on the mental health of your family and friends and Wear It Purple Day. On Wear It Purple Day, the SRC collected gold coin donations from classes, with those who donated receiving a purple wristband in support of the LGBT+ youth in our area.

The last event that the SRC ran was Footy Colours Day. This day was in support of the Kid's Cancer Foundation. On this day, students dressed up in their favourite teams colours with a gold coin donation. We hope that students and staff continue to support our fundrasing efforts with Halloween dress up and Doin it for Rural Aussie Kids charity's Coins for Santa Sacks to benefit for their Christmas appeal supporting kids in areas that have been flood affected. We hope Term 4 turns out to be lots of fun.

- Sarah Johnson and Ella Roach

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## Maclean High School Canteen

Our Canteen is the way that the P&C raises money for the school. The canteen provides a wide range of varied, tasty, and healthy food and drinks options. We also cater for Gluten Free and Vegetarians & new Vegan meals. I've started some vegan friendly meals with plant-based Chicken and Minced Beef. Some of my ideas are Butter Chicken & Rice, Bolognaise & Pasta also Nachos. These meals are going to be by order only. Please if anyone has any ideas, I would love to hear from you. I am also going to be doing Sushi rolls as a pop-up special on some weeks so keep a look out at the canteen for when they are going to be on. We are also going to be there. We have weekly salad bowls starting the second week back. All of your favourites are still going to be there. We have weekly specials Monday to Thursday and on Friday we have popup Special which are fun and healthy. Breakfast, we now are offering Chia Puddings with different flavours each week as well as our extensive everyday menu.

We here at Maclean High School canteen are pleased to be part of reducing the carbon foot print in our environment. All of our cutlery is now 100% bio-degradable. All of our green waste goes to some of the volunteer's chickens and some to help support the school's chickens, which in turn we are holding out hope to get some eggs one day.

Maclean High School are grateful to our wonderful Canteen volunteer helpers and rely on them to be able to deliver healthy meals to students each school day. We are always happy to welcome new volunteers. If you are able to give any amount of time or if you have any queries or need any information, please contact me Penny (Canteen Manager) 0403283580 or contact the school 66452244 Canteen 66452443 or just drop in and say hello.

#### **Canteen Daily Opening Times**

Breakfast: 8.00-9.05 Recess: 10.55-11.20 Lunch: 12.55-1.40

#### **Canteen Entry**

Due to workplace health and safety regulations, entry into the canteen is restricted to Canteen workers, Volunteers, Student Volunteers and Delivery Personal are the only ones allowed in the canteen. School staff and students are not allowed in the canteen.

I hope to see you all again soon at the canteen.

- Mrs Penny Lane Canteen Manager



AVAILABLE AT THE FRONT OFFICE FOR ALL STUDENTS, STAFF & FAMILY MEMBERS





## Tell Them From Me Student Survey

This term, our school is taking part in the Tell Them From Me student survey. The survey will provide us with valuable feedback on what our students think about school life, how engaged they are with school and the different ways that teachers interact with them.

We would also appreciate your feedback. The parent and carer survey provides schools with additional perspectives of our school's culture and operations, allowing the school to verify issues or trends from feedback across the whole school community. You can access the parent and carer survey at <a href="http://nsw.tellthemfromme.com/macleanhs">http://nsw.tellthemfromme.com/macleanhs</a>

Additional information has been emailed to the primary contact for each family.

- Mrs Emma Turner Head Teacher Professional Practice





## Year 7 Science

Students in year 7 Science are studying the phases of the moon. During a practical lesson they made the phases of the moon using Oreo biscuits.. This activity enabled the students to use their knowledge to carve out of the luscious Oreo cream the different shapes the moon appears to us on Earth. General consensus was, Science lessons never tasted so good.

- Mr David Christinson



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## Maclean High School

Remediation and Repair Update

#### Building our flood-impacted schools back better

Remediation and repair works are currently being undertaken by School Infrastructure NSW at seven schools across the Northern Rivers, following the flood event in early 2022. The works are being managed by Public Works and will deliver refurbished and repaired buildings and modernised spaces that support student learning and teaching.

#### What is happening at Maclean High School?

Low lying grounds of Maclean High School site were inundated with flood waters. Bennett Constructions was appointed in June 2022 to undertake the construction and remediation works. Students are learning in unaffected learning spaces and facilities as normal.

#### **Current Status**

- Agricultural facilities and buildings exposed to torrential rain are undergoing deep cleaning and mould remediation.
- Scaffolding and hoarding have been installed around the library in preparation for the replacement of the library school roof.

#### Next steps

A public information session is being held November 9, 2022, at the Maclean High School to present the extension program of works taking place there. Invitations will be issued by Maclean High School a week before the event. The forecast completion of the flood works program is during Term 2, 2023, pending site and weather conditions, and availability of resources.

#### What else is happening in the region?

With the cleaning and 'make safe' stage complete, students have been face to face learning either at their own school site in permanent or temporary buildings, or on at an alternate site in temporary demountable classrooms since the end of Term 1, 2022. As refurbishment and repair works progress, damaged facilities are being returned to affected schools for normal use. In addition to the remediation and repair program for the seven schools being managed by Public Works, nine schools are in the planning stages of being rebuilt.

We will continue to share information with you as the program of work progresses. We thank you for your patience during works.

#### For more information contact:

School Infrastructure NSW Email: schoolinfrastructure@det.nsw.edu.au Phone: 1300 482 651 www.schoolinfrastructure.nsw.gov.au



October 2022





The Dream Hoops 1000 program has been set up to provide financial assistance grants to young people who would like to play basketball for the first time but are unable due to financial restraints.

This grant provides a successful applicant with a \$100 voucher that can be used towards registration fees, game fees or uniform costs.

**Eligibility Criteria** 

- · Applicants must meet all the following criteria;
- · Has not previously been a registered member of Basketball NSW
- Be 18 years of age or under
- Resided in one of the nominated postcodes (see QR code link to website)
- Endorsed by a BNSW Development Officer or Association President



# FAMILY AND RELATIONSHIP SERVICES **TERM 4, 2022 EVENTS**

GRAFTON Livable - 11 Kemp St

6 OCTOBER | 10 AM - 12 PM Get your family together in the school holidays and test their trivia skills...with a twist.

CONNECTING WITH YOUR DAUGHTER OCTOBER 10 AM - 12:30 P/

Bring your daughter along to enjoy a morning of pampering, creating and learning about 5 love languages to help strengthening your relationship.

AFTER THE STORM 6 CONSECUTIVE TUESDAYS 11 OCTOBER - 15 NOVEMBER | 9:30 AM - 12:30 PM Livable and Clarence Valley Women's Refuge have partnered together to support parents and caregivers who have experienced domestic and family violence.

**CIRCLE OF SECURITY PARENTING** 12, 19, 26 OCT; 2, 16, 23, 30 NOV; 7 DEC Learn to read, understand and support your child's emotional needs and enhance their self esteem.

**BLENDED FAMILIES** Understand about being a step parent in a blended family and how to manage challenges.

Using practical skills and knowledge find easy ways to manage anger and create a calmer home.

MANAGING BIG BEHAVIOURS Understand behaviours in your child by tuning into their emotions to help them express themselves.

**TUNING IN TO TEENS** 6 CONSECUTIVE THURSDAYS 3 NOVEMBER - 8 DECEMBER | 5 - 7 PM Learn how to communicate effectively with your teen, prevent behaviour problems, manage difficult emotions and teach them to navigate friendships.

**TODDLER TIME** 17 NOVEMBER | 12:30 - 2:30 PM Everything you need to know about raising toddlers.

THOUGHTFUL PARENTING ONLINE

2 CONSECUTIVE FRIDAYS 18 & 25 NOVEMBER | 10 AM - 12:30 PM Thoughtful Parenting is made up of nine chapters. Each chapter explores a specific theme that is relevant to parenting - the issues, the joys and the challenges.

DADS & KIDS 23 NOVEMBER | 3 - 5:30 PM In this workshop we celebrate fathers and discuss the important role a father has with their children.

**NO SCAREDY CATS** 3 CONSECUTIVE TUESDAYS 29 NOVEMBER - 13 DECEMBER | 10 AM - 12 PM A child development course that aims to support you and your child through the ups and downs of life.

**PARENTING APART** 2 CONSECUTIVE THURSDAYS 24 NOVEMBER & 1 DECEMBER | 12 - 2 PM Explore what it means to parent after separation and how you can support your child.

> MACLEAN TAFE - Woombah St.

### MINDFUL PARENTING

Create a calmer home through reflective parenting.

BOREDOM BUSTERS 22 NOVEMBER | 12:30 - 2:30 PM Manage your child's emotions through the holiday months with great tips to bust the boredom.



## **Helpline Numbers/Online Resources**

1800 551800 or www.kidshelp.com.au **Kids Helpline:** 

Lifeline: 13 1114 or www.lifeline.org.au

1800 650890 or www.eheadspace.org.au Headspace:

1300 224636 or www.beyondblue.org.au **Beyond Blue:** 

http://au.reachout.com Reachout:

Suicide Call Back Service: 1300 659467

WayAhead Directory: <a href="http://directory.wayahead.org.au/">http://directory.wayahead.org.au/</a>

Mental Health Telephone Access Line: 1800 011511 (operates 24 hours a day, 7 days a week. It is staffed by clinicians who can provide advice, make referrals and link callers to the Mental Health Service in their local health district).

**School Counsellors:** Mr Andrew Allen and Mrs Tay Cone.

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