



NEWSLETTER

MACLEAN HIGH SCHOOL

Dates to Remember

27 May-3 June -
Reconciliation Week.

2 June -
Close the Gap Community
Celebration, Maclean
Showground.

27 May-3 June -
Reconciliation Week.

6 June-8 June -
Year 7 Camp

6 June -
CHS Netball, Maclean

15 June -
North Coast Cross Country,
Grafton Showground

22 June -
Year 6 Transition Day

4 July-8 July -
NAIDOC Week



RIVER OF LEARNING

This week we came together with our local Yaegl community for our twelfth annual River of Learning Day. Each year on this day our students, staff and community are included in a smoking ceremony overseen by our local Yaegl Elders and members of our Yaegl community. Prior to the whole school ceremony Elders attended a morning tea in the library catered for by our Year 12 VET Hospitality students. Leading into recess Year Seven and invited Primary schools played Indigenous games coached by the PDHPE faculty. The latter part of the day saw our invited guests along with Year 7 move to the gym to view the completed works all of our current Year 7 have been working on, for the last Term and a half. In 2022 we had a very strong performance from our dance troupe which has grown significantly. We were serenaded by our newly formed choral group and were given an insightful and powerful keynote address by MHS Alumnus Elsie Randall. This nationally recognised event would not have been possible without the ongoing perseverance, creativity and determination of Anjanette Warburton, Deb Breckenridge, Liza Hamilton, Krystal Randall & Sam Kapeen

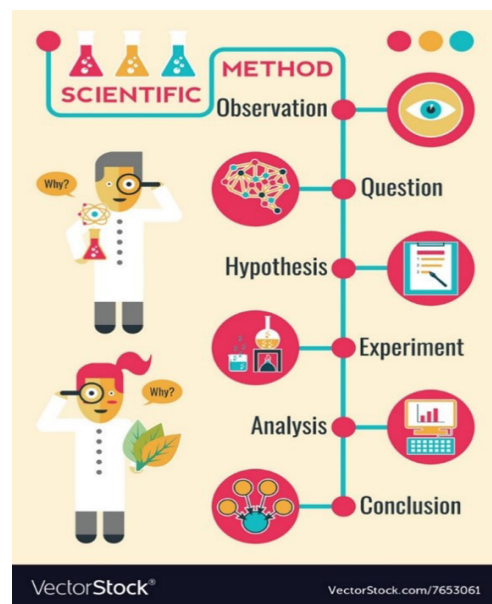


Year 10 Science - Student Research Project

Year 10 Science students are currently underway with a major assessment of the year, their Student Research project, or SRP. This is a mandatory requirement for the completion of the Year 10 Science Course. So what does it entail? Well, it can be thought of “doing an experiment at home”.

It is an opportunity for students to explore a topic of interest to them and that is relevant to their life. Projects from previous years have included:

- A keen athlete identified which increased heart rate the most – running on grass, road or sand.
- An avid gamer used a Fitbit to measure the effect on heart rate from playing different video games.
- Which detergent should you buy? A number of students identified which of 5 brands of detergent was the most effective at removing food stains from a t-shirt.
- A student with an interest in marine studies and with a tidal river near their home found out if the salinity of the water changed with the tide.
- A student who loved to eat bananas, found a way to make them ripen quicker, while another identified if their organic fruits would spoil faster or slower than non-organic fruits.
- A skateboarder found out about the impact of different ground surfaces on the speed they could travel.
- A basketball player found the best pressure to have in a basketball and another found out about the impact of temperature on the bounce of squash balls.
- A student with a green thumb found what was the best fertiliser to use on tomato seedlings.



The SRP requires students to use many scientific skills such as planning, conducting investigations, solving problems and communicating ideas in a scientific report. It requires students to demonstrate their skills while working individually. All students have been given instructions and guidance documents on their Science Google Classroom. In addition, they can get help from a Science teacher every Tuesday lunchtime this term until the assessment deadline on Friday 24th June. If you would like to find out more, please give the school a call.

The MHS Science Teachers

Year 7 Camp Update

Thank you to all parents/carers who have returned the camp permission note and paid the camp deposit! We are so excited to take such a large group of students away to Coffs Coast Adventure Centre! A few reminders:

Payments: Payments should now have been finalised for camp. These will need to be in by the 3rd of June (unless alternative arrangements have been made with the school).

Online Registration: Please finalise online registrations – online registration details were provided to parents/carers via the Permission Note and via email correspondence. Online registrations provide the campsite with key information regarding dietary requirements and any specific student needs. Online registration should be completed by the 23rd of May.

COVID Waiver: Please return the COVID waiver provided via hard-copy and Sentral notifications.

A signed copy will need to be returned to the school prior to the 3rd of June.

AVIATION CAREERS EXPO

Did you know MHS was one of the first EPP schools in the state??

As an EPP school we have special access to excursions and events to inspire students to further develop knowledge about career pathways. Recently we took a group of students to Ballina Airport for an Aviation Careers Expo! Students sat in on industry presentations from Avisure Aviation Safety Consultants & Wildlife Biologists, Defence Jobs Australia, Ausflight, Westpac Life Saver Rescue Helicopters, Aviation Fire Rescue, White Star Aviation, Black Swan Aviation & TAFE NSW Wollongbar and were taken on a behind the scene tour of the Ballina Byron Gateway Airport. Our HSC Engineering students were also invited to use the Navy Simulator.



Wednesday Sport Bus Money

Wednesday Sport bus money cannot be paid online.

It must be paid in cash so it can be given directly to the bus company.





BOCCIA TEAM

We were lucky enough to have Pete and Anthony from the NSW School Sports Unit visit our school. They were here to teach our Yr11 Sports Coaching students how to adjudicate the game before our first knockout round of Boccia, which will take place at Evans Head on 20th June. MHS are taking 8 students to this fantastic state-wide competition for students experiencing disability, with the finalists playing at Sydney Olympic Park later in the year for the state title!

We wish our team all the best for their first competition. A big thank you goes out to the NSW School Sports Unit for taking the time to visit us here on the Far North Coast, and for organising this competition for its 10th Year. Thank you also to Mrs Adams and her Yr11 class who attended, demonstrating great coaching skills.





DAILY EXAMINER SHIELD & NETBALL NSW CUP

Another successful and proud day for MHS. Whilst conditions were wet and challenging for most of the afternoon, attitudes and the willingness to help out on the day were commendable. A disappointing loss for our senior girls in the final of the Daily Examiner Shield, but some great games throughout the day and an unbelievable display of sportsmanship. Carissa in Year 12 was awarded Player of the Series and led her senior team with such authority and respect. Unfortunately, our 9/10 teams positioned third and fourth, but played some exceptional netball. Thanks goes to Sarah from Yr 10 and Zoe from Yr 9 for organising MHS1 and Tana from Yr 9 for leading our MHS2 teams. A massive congratulations to our superstars, MHS 7/8 team, who came home with 4 wins and 1 loss, making them our victors of the day. Great leadership from all the students who played and a huge congratulations to Ms Stanford as coach. The girls are now progressing through to the next round of the Netball NSW Cup. And of course, a massive thanks to our umpires for all their support! We showed true MHS FRESH values here. So thank you Stella (Yr12), Carissa (Yr12), Olivia (Yr11), Zoe (Yr9), Matilda (Yr8) and Sam Kerr. Let's keep loving this event, and we hope to see more teams dominating next year.



CHS TENNIS

The Maclean High Boys Tennis team of Nathan Hayman, Matt Taylor with newcomers Daniel Causley and Lachie Stanger have over the last two weeks been competing in the Stan Jones Trophy CHS knockout competition.

With a very close win against the Rivers boys' team last week, remarkably finishing the first eight sets equal on four sets and 34 games each, the match was decided on final tie breaks for each singles player. Nathans dominant performance, winning to love along with strong play by our other team members consolidated a memorable, marathon, 39 to 26 points win.

The boys then headed to Alstonville for our third round clash with Alstonville High School. Here we were faced with a far more daunting prospect against a full-strength Alstonville team on their home court.

The high seed matches produced top-level, quality tennis, with Nathan dominating his Alstonville opponent and bludgeoning him off the court 6-0. Matt on the other hand, had a gruelling, long, see-sawing hard-fought loss in his singles. Our newcomers Daniel and Lachie fought throughout their matches with some good rallies but unfortunately not enough for wins. Lachie unluckily having to play Alstonville's (recovering from injury) regular number one player 5 years his senior and a very talented player. This built the pressure for the doubles matches of which Nathan and Matt kept us in the rubber with a stunning victory against their top two rivals. This was an exceptionally entertaining match with both teams showing great stroke play, phenomenal power and finesse. Eventually however the depth and quality of our opponents was too much to withstand with the boys losing 6 sets to 2 overall.

Despite not coming out winners on the day our team can be very proud of their efforts, as well as being excellent ambassadors for our school. All matches were played in the best spirit of the game and all players came out of the clash with positives.

Mark Ramsey





INDUSTRY IMMERSION

Our Year 12 Certificate II Hospitality students spent the later end of last week at Seaworld undertaking work place training. All students were transitioned through the variety of roles it takes to keep a hotel running including kitchens, housekeeping, maintenance & gardens and customer service. A valuable learning experience, it's great to be able to run this educational experience again. Thank you to Mrs Ellis for making this all happen



HIGHLIGHTING HEALTH CAREERS

We were super lucky to be invited to visit the University Centre for Rural Health in Lismore this week to participate in the Bari Health Careers Experience. Students worked closely with current students from the University of Sydney & Griffith University in workshops exploring practical skills related to allied health and medicine careers. Highlights included learning sutures with the medical students, industry discussion with dietetics and nutrition students and learning about Webster packs with the pharmacy students



CASINO BEEF WEEK

What an end to May! Our show team keep going from strength to strength. After a great lead up at Grafton Show they've hit the ball out of the park not just in competition but in attitude and knowledge building! Huge thanks to Casino Beef Week & Northern Co-Operative Meat Company for providing opportunities for our young people to develop their skills in the agriculture industry.

We're overwhelmed to announce the following results

1st in Junior Light Weight Steer School Section \$150

2nd in Open Light Weight Section. \$200

Reserve Champion in Light weight open steer section. \$250

1st Over Best School Steer Show. \$250

Wednesday Hoof Results.

Participants

26 Junior Judges

21 Paraders

3rd Junior Light Weight Section \$100

4th School Section \$75

4th Open Medium Weight \$50

Further Individual Results

Nathan Moss final jnr judging

Aaron Carr 2nd Junior Judging 12 to 18

Laura Goldie Final Parading

Nash Schrader Final Parading

Matilda Addisson under 12 Junior Judging

Bailey Anderson Final Junior Judging.

Bryson Lee 3rd Junior Judging

Madison Bowring Final Parading and Junior Judging. Highly commended.

Grace Carr Final Parading

Madison Orth Final Junior Judging

Holly Nehls Final Junior Judging highly commended

Nathan Bell Final Junior Judging

Steer Auction

Our steers fetched amazing money...

LIGHT Weight steer sold to 17.60/ kg- Limousine Cross Steer

MEDIUM Weight Steer sold to 13.40/ Kg- Waygu cross.

HEAVY MEDIUM WEIGHT Steer sold to 11.40/ kg- ANGUS Steer







**KIDS
AND THEIR
SCREENS**
WEDNESDAY
MAY 11
10 AM - 12:30 PM
AT LIVABLE:
11 KEMP ST.
GRAFTON NSW

Livable events are FREE to attend and childcare is available.

Livable Family and Relationship Services is funded by the Department of Social Services.

How much is too much screen time for children?

This workshop is designed to build your confidence when communicating with children and setting healthy boundaries around technology. We will discuss preteen and teen development, cyberbullying and social media.

Refreshments provided.

BOOKINGS ESSENTIAL
1800 289 927
LIVABLE.ORG.AU/EVENTS

Helpline Numbers/Online Resources

Kids Helpline: 1800 551800 or www.kidshelp.com.au

Lifeline: 13 1114 or www.lifeline.org.au

Headspace: 1800 650890 or www.eheadspace.org.au

Beyond Blue: 1300 224636 or www.beyondblue.org.au

Reachout: <http://au.reachout.com>

Suicide Call Back Service: 1300 659467

WayAhead Directory: <http://directory.wayahead.org.au/>

Mental Health Telephone Access Line: 1800 011511 (operates 24 hours a day, 7 days a week. It is staffed by clinicians who can provide advice, make referrals and link callers to the Mental Health Service in their local health district).

School Counsellors: Mr Andrew Allen and Ms Tay Cone.