



NEWSLETTER

MACLEAN HIGH SCHOOL

Dates to Remember

19 Nov - 25 Nov

Heron Island

22 Nov

Maclean Lion's Youth of the Year

29 Nov

MHS Surf Competition

30 Nov

Year 7 & 8 Dreamworld Excursion

1 Dec

Year 9 & 10 Dreamworld Excursion

4 Dec

P&C Association Dinner

7 Dec

Presentation Night

13 Dec - 15 Dec

End of year activities



Remembrance Day Assembly

Last week our school community came together for a moving Remembrance Day ceremony, led by our student leaders.

Jasper Whalley from Year 10 welcomed everyone to Country with warmth and grace, setting a tone of respect and acknowledgment for the traditional custodians of the land. His words emphasised the importance of unity and understanding, transcending boundaries to commemorate this day as one community.

Vice Captain Imogen Hinde, shared a poignant story about her grandfather, connecting us emotionally to the personal narratives that make this day so significant. Through her words, we were reminded of the profound impact that each individual story contributes to the collective tapestry of remembrance.

The ceremony also featured student leader Sumira Mahoney's powerful rendition of our national anthem.

In coming together, we not only paid tribute to the past but also embraced a shared commitment to creating a future marked by peace and understanding.



From the Principal's Desk

Welcome

Today, I would like to take a moment to introduce James Witchard, who has been appointed as the new substantive Principal of Maclean High School following a successful merit selection process. He comes to us from Kadina High School where he has been the substantive principal. This appointment marks a significant transition for our school community.

As Mr Witchard joins us in 2024, we open a new chapter at Maclean High School. He brings a diverse set of experiences and knowledge that will be beneficial to our school's continued development. Change can be challenging, but it also brings fresh perspectives and opportunities for growth.

The past two years have been challenging for us all, and I am personally grateful for your support during my tenure as the relieving Principal. I have felt welcomed and supported by our school community. I look forward to continuing the advancement of Maclean High School in my role as Deputy Principal.

Financial Assistance

I am aware of the current pressures with the rising cost of living and wish to remind our school community that we are here to support all students. If you are experiencing financial hardship we can provide uniform vouchers, fee assistance, the provision of food or classroom materials. Please contact our front office should you require support.

Check-in Assessment

Our students in years 7, 8 and 9 have completed a Check-in Assessment this week for numeracy and reading. I have been impressed by the vast majority of students who worked hard to do their best and followed the instructions of staff to make this a smooth process. If your child has missed the check-in assessment a catch up session is scheduled for Tuesday, week 7.

Attendance

This is an important reminder that every day of school counts and it is an expectation that students attend school each day. Truancy and whole day absences can have a significant impact on learning. For example, if a student misses 5 minutes of class time per day from being late, this equates to 3 missed days per year. If your child misses as little as 1 day per week, they will miss 8 weeks of school per year, which adds up to over 2.5 years missed over their school life.

Parents or carers of children of compulsory school age are responsible for ensuring their child attends school every day.

After Year 10 and until they turn 17, students must be:

- in school or registered for home schooling or
- in approved education or training (e.g. TAFE, traineeship, apprenticeship) or
- in full-time, paid employment (average 25 hours/week) or
- in a combination of work, education and/or training.

Arriving at school and class on time:

- Ensures that students do not miss out on important learning activities scheduled early in the day
- Helps students learn the importance of punctuality and routine
- Give students time to greet their friends before class
- Reduces classroom disruption

Lateness is recorded as a partial absence and must be explained by parents.

What if my child has to be away from school?

On occasion, your child may need to be absent from school. Justified reasons for student absences may include:

- being sick, or having an infectious disease
- having an unavoidable medical appointment
- being required to attend a recognised religious holiday
- exceptional or urgent family circumstance (e.g. attending a funeral)

- Mrs Carla Taylor
Relieving Principal

Iluka Remembrance Day Ceremony



In a meaningful display of community unity, our student leaders, including school captain Millie Speirs and SRC representative Tessah Speirs, took center stage in conducting the Remembrance Day ceremony in Iluka last Saturday. Their active participation underscored the importance of honouring the sacrifices made by those who came before us.

We extend our gratitude to Mr. Phil Bradmore, Principal of Iluka PS, for graciously providing our students with the opportunity to represent MHS in such a significant community event. Being part of this ceremony not only allowed our students to pay their respects but also strengthened the bonds between our school and the broader community.

As we reflect on this experience, we are reminded of the profound impact that community involvement can have. It is through these connections that we build understanding, respect, and a shared commitment to remembering the sacrifices of the past.

Student Representative Council

Hello everyone my name is Imogen Hinde and I am the vice captain of MHS. Just wanted to say a couple things about what's going on in school at the moment. Thankyou for everyone's support on Loud Shirt Day we raised \$230 and the slushies sold out in 20 minutes. This money will go towards people with hearing impairments and also some to the SRC fund.

Every Friday we host a Fun Friday Activity. This week it is MHS biggest ever UNO comp in the quad. Carpets will be supplied and there will be an exciting teacher vs teacher game. This can result in house points and canteen vouchers. Keep an eye out for our next Fun Friday announcements for house vs house Mario Kart competition. Let's keep getting involved in school activities and take some pride in our school.

Get-to-know-your-school-leaders questions:

What is your favourite senior subject at MHS and why?

My favourite senior subject at Maclean High School would have to be out of my Science courses. These include Chemistry, Biology, Investigating Science and Extension Science. If you love conducting experiments and hands-on science, definitely choose Investigating Science.

What is your favourite hobby/sport?

I love going to the beach with my dogs and spending time with my friends and Mum.

Where is your favourite place in the Clarence Valley?

I enjoy camping at Minnie Waters but I love all the places in the Clarence.

What do you like best about MHS?

I loved the Heron Island Excursion in year 10. It was such an amazing highlight of my highschool experience.

What is a book that has left an impact on you?

*Lessons in Chemistry - Bonnie Garmus
An amazing story of an inspirational female figure.*

Do you have any ambitions after graduating?

I would love to pursue a career in health and eventually medicine.



LS1 Term 4 Highlights: Bowling, Swimming, and Creative Vibes!

LS1 has been a hive of activity this term from weekly bowling and swimming to FLOW workshops, trips to Brooms Head, dress-up days and art and timber projects. The students are always working their best and being great ambassadors for Maclean High School.

- LS1 students have been honing their bowling skills each week, heading down to the Yamba Bowling Club for memorable experiences, high scores, strikes and celebratory dance moves.
- Swimming sessions saw notable achievements – Noah for Most Improved Swimmer, Jamal for Best Practice Rescue, and Nigalla for the Biggest Bomb Dive! The pool has been a hub of activity and progress.
- Our Brooms Head excursion late last term featured insights into Yaegl traditions from Aunty Deb and expert fishing guidance from Crystie. We also discussed coastal erosion and certainly not least of all ... enjoyed sharing some hot chips to round off this informative and enjoyable day.
- FLOW dance and music workshops at school injected creativity into our routine and many of our students are eagerly awaiting the artists' performance in Maclean this week.
- LS1 students are always proud supporters of SRC initiatives, with standout moments on Halloween and Loud Shirt Day. Zac and Ruby snagged prizes for their stellar costumes.
- Mrs Ellis and Mr Patch have been supporting our students to create chopping boards in timber and our string art with Ms Christian is coming along nicely.





SHINING BRIGHT

Celebrating excellence in our Term 4 Humanities/Languages Faculty Awards! Congratulations to the outstanding students from Yrs 7-10 who have exemplified unwavering dedication and consistent effort across subjects like Commerce, Geography, History, and Languages this term. Students recently received their awards during a whole school assembly. Your commitment to learning shines bright!



**LIVABLE - 11 KEMP STREET
GRAFTON**



DADS TUNING IN TO KIDS
6 WEDNESDAYS | 10 AM - 12:30 PM
4-18 OCT; 1-15 NOV

A father-focused program to understand, recognise and respond to your child's emotional needs.

CALMER KIDS, CALMER HOMES

10 OCTOBER | 10 AM - 12:30 PM

Explore fears, worries and anxiety to support your kids in their home environment.



CIRCLE OF SECURITY PARENTING
6 THURSDAYS | 10 AM - 12:30 PM
12 & 19 OCT; 9 NOV - 14 DEC

Read your child's emotional needs and enhance their self esteem.



PARENTING AFTER FAMILY VIOLENCE

6 CONSECUTIVE TUESDAYS

24 OCT - 28 NOV | 10 AM - 12:30 PM

A nurturing, empowering and kind program for parents and carers who have experienced family violence.

CREATIVE COMMUNICATION

25 OCTOBER | 10 AM - 12:30 PM

Discover creative and enjoyable communication strategies that can strengthen your relationship with your 4 to 15 year old child.

STARTING HIGH SCHOOL

13 NOVEMBER | 10 AM - 12:30 PM

A practical workshop that will help you prepare yourself and your pre-teen for their high school journey.



1-2-3 MAGIC

3 CONSECUTIVE WEDNESDAYS

22 NOV - 6 DEC | 10 AM - 12:30 PM

Manage difficult child behaviours by focusing on strategies that promote and encourage change.

CHRISTMAS CELEBRATION

4 DECEMBER | 9:30 AM - 11:30 AM

Explore how to keep your emotional cup full while your kids are entertained. Enjoy a fun Christmas parade.

HOW TO TALK SO KIDS LISTEN
5 DECEMBER | 10 AM - 12:30 AM

Through problem-solving, learn five key strategies to communicate with your child.

BOREDOM BUSTERS

8 DECEMBER | 9:30 - 11:30 AM

Discover great tips to bust the boredom.

PRESCHOOL / KINDY DROP OFF

11 DECEMBER | 10 AM - 12:30 PM

Discover important strategies to support your child make the best start to their day at school.

KEEP CALM AND STRESS LESS

13 DECEMBER | 10 AM - 12:30 PM

Learn strategies to manage and communicate in stressful situations.

online

STARTING HIGH SCHOOL

13 NOVEMBER | 6 - 8:30 PM

A practical workshop that will help you prepare yourself and your pre-teen for their high school journey.

UNDERSTANDING ANGER

15 NOVEMBER | 6 - 8 PM

Understand the emotion of anger, both the positive and negative, and the part that it can play in your life.

MANAGING ANGER

22 NOVEMBER | 6 - 8 PM

Discover easy strategies to manage anger that will create a calmer home.

Livable Family and Relationship Services is funded by the Dept. of Social Services.



BOOKINGS ESSENTIAL 1800 289 927 LIVABLE.ORG.AU/EVENTS

If I'm sick at school

What you need to do:

- Let your teacher know that you feel sick
- Your teacher will write you a note to present to the attendance office
- The office will call your parents/carers to take you home

I need to collect my child early

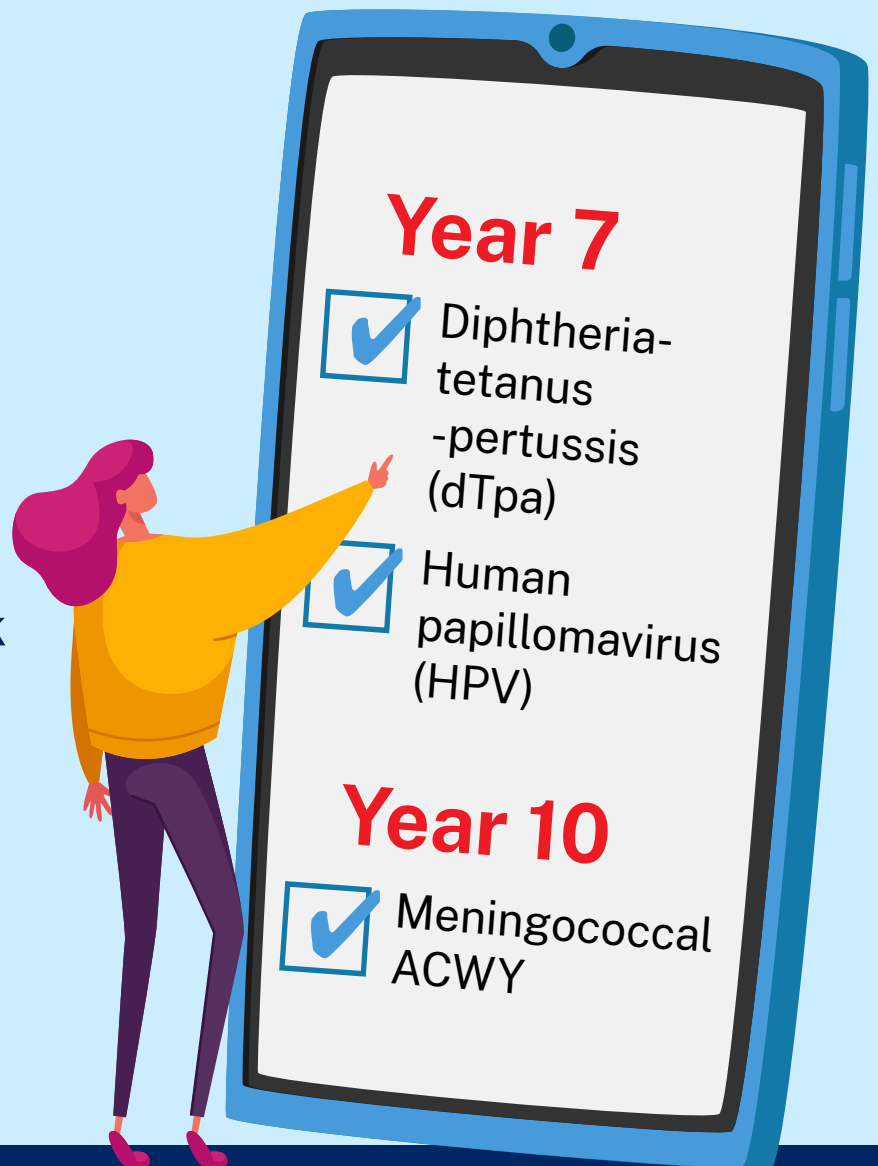
What you need to do:

If you need to collect your child early from school, to reduce disruption during class time, it would be appreciated if you could send a note to school with your child to present at the attendance office before school.

Will your child be in year 7 or 10 next year?

Provide consent for your child's routine school vaccinations online in 2024.

At the beginning of the school year, your child's school will share the link to complete the online consent form.



More information on the school vaccination program:
health.nsw.gov.au/schoolvaccination



Lava Lamp Fun in Year 8 Science!

In an immersive dive into the realms of chemistry and physics, one Year 8 Science class recently embarked on an illuminating experiment creating their own lava lamps. Students combined water, oil, food colouring, and Alka-Seltzer tablets to witness firsthand the captivating dance of coloured bubbles. This engaging activity not only added an element of fun to learning but also provided a tangible exploration of chemical and physical changes. From observing the separation of oil and water to the mesmerizing patterns formed by rising and falling bubbles, the students gained a deeper understanding of density, solubility, and chemical reactions.



Year 10 Food Technology



Year 10 Food Technology have been cooking up hearty home cooked meals this week. These delicious lasagnas were cooked to compare a frozen packaged lasagna to this nutritious home cooked recipe. Students are enjoying the practical applications of their Food Product Development unit.

Angourie Dance Youth Project Summer Program 2024 – CALL OUT

Angourie Dance Youth Project is a new initiative of world class dance artists Janessa Dufty and Jade Dewi Tyas Tunggal. Having needed to travel nationally and internationally for most of their dance training and careers, Janessa and Jade aspire to support Clarence Valley youth dance by sharing their extensive experience and knowledge with the next generation of local young dancers and contribute to the dynamic arts and cultural landscape in NSW.

An official announcement was made by the Minister for the Arts that Angourie Dance has been successful in receiving a Holiday Break grant to deliver free creative workshops for young people in regional NSW. All applications were carefully assessed by a panel of external experts, including NSW Government Create NSW and the Office for Regional Youth.

Taking place at Raymond Laurie Sports Centre, Yamba and Green Point Reserve, Angourie this 4-day program, from 22 - 25 January 2024 during 9.30am - 3.30pm for Ages 8 -18 years

Young dancers will be guided by Jade and Janessa to explore their own creativity through contemporary dance techniques, experiential anatomy, creative movement, composition tasks, choreographic process and dancing for the camera. The program will culminate with an informal 'outdoors in nature' performance outcome on the Thursday for family, friends and broader community.

Inviting a diversity of young dancers with inclusion of First Nations, CALD and people with disability or who are d/Deaf. Dedicated participation is FREE but completing an Expression of Interest Form is required. Identifying some learning goals and their reasons/expectations for attending.

This is the link

<https://forms.gle/SbVdDSZ6z4K8G3g86>

Closing date for EOI - 1 December 2023

Young dancers will gain skills to develop their confidence and artistry in a supportive and collaborative environment. Dancing is a great way to express emotions, communicating physically, allowing those feelings to move through our bodies, out of our bodies, and in doing so, to move others.

The free webinars will be delivered at the following dates and times:

- 5pm-6pm, Thursday 23 November
- 10am-11am, Monday 27 November
- 12.30pm-1.30pm, Wednesday 6 December
- 6.30pm-7.30pm, Thursday 14 December

Register via: <https://healthupnorth.info/vapingparentwebinars>

Quitline counsellors are available to answer any questions about vapes on 13 7848 (13 QUIT).



22-25 JANUARY

Ages 8-18 | 9:30-3:30pm
At Raymond Laurie Sports Centre, Yamba

Free participation Register under
<http://forms.gle/SbVdDSZ6z4K8G3g86>
via QR code closing date for EOI 1/12/23
angouriedance@gmail.com
instagram @angouriedance

Youth Project Summer Dance Program 2024
HOSTED BY WORLD CLASS DANCE ARTISTS
JANESSA DUFTY & JADE DEWI TYAS TUNGGAL

Free one-hour webinars for parents and carers in Nov & Dec.

TALK TO YOUR KIDS

ABOUT VAPING

Register now



North Coast Youth Vaping Taskforce NSW

Hardship Flood Funds

The Hardship Flood Funds that families received in 2022 must be used by the 16th December 2023. Schools have been instructed by the department, that any unused funds will be returned to the Department of Education on Tuesday 19th December 2023.

You can log into your School Bytes app and find your credit balance in the Payment History Tab.

Statement of accounts have been emailed. To find out if you have credit, on the bottom of your statement it will have unallocated credit with the amount next to it. Credits cannot be used on voluntary contributions.

School Bytes - Parent Portal

MHS is now using the new finance program 'School Bytes'. Parents can download the app by following the instructions below. On the parent portal you can make a payment, request refunds, provide consent for an excursion and see your payment history. More items will be added in the future and we will update you as it happens.

How to access School Bytes

 support.schoolbytes.education/hc/en-us/articles/4414363793295-How-to-access-School-Bytes

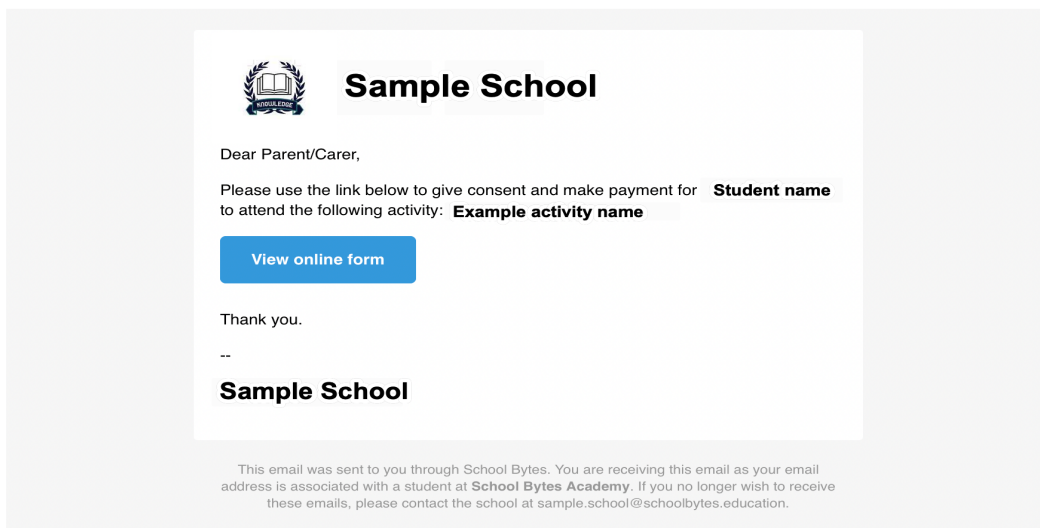
Last updated: October 7, 2023

- **Method 1** - Parent Portal - accessed via this link: <https://portal.schoolbytes.education>
- **Method 2** - Parent App
 - App Store - <https://apps.apple.com/us/app/school-bytes/id6463097826>
 - Google Play - <https://play.google.com/store/apps/details?id=education.schoolbytes>
- **Method 3** - Unique link emailed to you - an example of this is provided below

Subject of email here

 **Sample School** <noreply@mail.schoolbytes.education>
To: 

← ↩ →



The image shows a sample email from 'Sample School'. The email header includes the school's logo and name. The body of the email is addressed to 'Dear Parent/Carer,' and contains a request for consent and payment for a student named 'Student name' to attend an activity named 'Example activity name'. A blue button labeled 'View online form' is provided. The email concludes with 'Thank you.' and a signature line. At the bottom, a footer note states: 'This email was sent to you through School Bytes. You are receiving this email as your email address is associated with a student at School Bytes Academy. If you no longer wish to receive these emails, please contact the school at sample.school@schoolbytes.education.'

This link will automatically direct you to the School Bytes application where you can then continue to make a payment or enter the details into your online permission note.

The emails are sent from noreply@mail.schoolbytes.education. If you are not receiving these emails, please check your spam/junk mail folder and add the email address to your safe senders list.



Make a Difference BECOME A FOSTER CARER

Foster carers come from all walks of life
and don't need any special qualifications to
make a real difference in a young person's life.



Download a Free
Information Package

"Help a child find their path, with Pathfinders"



1800 314 199



www.pathfinders.ngo
fostering@pathfinders.ngo

NORPA PRESENTS

FLOW

By Mitch King
with Blake Rhodes



FREE COMMUNITY EVENT!

**Gather together for theatre under the stars
celebrating kinship, culture and connection.**

16 & 17 Nov
Maclean Showground
YAEGI COUNTRY

23 – 25 Nov
The Quad, Lismore
WIDJABUL WIA-BUL COUNTRY

FREE! TICKETS REQUIRED
norpa.org.au
02 6622 0300



norpa



This project has been assisted by the Australian Government through the Australia Council, its arts funding and advisory body, and the NSW Government through Creative NSW.

Helpline Numbers/Online Resources

Kids Helpline: 1800 551800 or www.kidshelp.com.au

Lifeline: 13 1114 or www.lifeline.org.au

Headspace: 1800 650890 or www.eheadspace.org.au

Beyond Blue: 1300 224636 or www.beyondblue.org.au

Reachout: <http://au.reachout.com>

Suicide Call Back Service: 1300 659467

Parent Line NSW: 1300 1300 52 or www.parentline.org.au

WayAhead Directory: <http://directory.wayahead.org.au>

Mental Health Telephone Access Line: 1800 011511 (operates 24 hours a day, 7 days a week.

It is staffed by clinicians who can provide advice, make referrals and link callers to the Mental Health Service in their local health district).

School Counsellors: Mr Andrew Allen

Wellbeing Health In-Reach Nurse: Mrs Sally Loy (Work No: 0484 648 062)