

NEWSLETTER MACLEAN HIGH SCHOOL

Dates to Remember

7 Nov Year 7 Surf Survival

7 Nov Remembrance Day Assembly

13 Nov P&C Association meeting at 6pm in the library

19 Nov - 25 Nov Heron Island

22 Nov Maclean Lion's Youth of the Year

29 Nov MHS Surf Competition

30 Nov Year 7 & 8 Dreamworld Excursion

1 Dec Year 9 & 10 Dreamworld Excursion

4 Dec P&C Association Dinner

7 Dec Presentation Night

13 Dec - 15 Dec End of year activities



NSW Governor Visit

Last week was truly special for Maclean High School as we had the honour of hosting the Governor of New South Wales, Her Excellency Margaret Beazley, and her husband, Mr Wilson. The visit was highly anticipated, with many of us looking forward to showcasing our award-winning cattle program at the Ag Farm. However, Mother Nature had other plans, and we were blessed with a downpour of glorious rain that prevented us from taking Her Excellency to the farm.

But as they say, when one door closes, another opens, and in this case, it led to a remarkable and heartwarming experience in the heart of our school.

Instead of heading to the Ag Farm, Her Excellency and Mr Wilson made their way to our school library. There, they had the privilege of meeting with Yaegl Elders, our dedicated school captains, our exceptional cattle show team, and members of our vibrant student body. What followed was a truly enriching and insightful engagement that lasted well over an hour.

During this time, Her Excellency had the opportunity to learn about our nationally recognised "River of Learning" program. The River of Learning program has been a cornerstone of our educational approach, highlighting our commitment to excellence, innovation, and community involvement. Her Excellency was deeply impressed by the program, and she engaged in thoughtful discussions about its impact and significance with our school community.

Our School Captains Millie Speirs & Yayden Campbell conversed with Her Excellency where she demonstrated not only her interest in the school's broader educational programs but also her commitment to the personal growth and aspirations of our students. Listening intently to the aspirations and concerns of our school captains Her Excellency empathetically inquired about their chosen subjects, career ambitions, and the challenges they might be facing in preparing for the HSC. Millie & Yayden, in turn, expressed their gratitude for the opportunities Maclean High School has provided them to excel academically, participate in community projects, and develop leadership skills.

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From the Principal's Desk

MHS Vice Regal Visit

I would like to personally thank the students and staff involved in hosting the only school visit by Her Excellency the Honourable Margaret Beazley AC KC, Governor of New South Wales and Mr Dennis Wilson. You showcased some of the wonderful programs and opportunities that Maclean High School provides.

Year 6 into 7 Transition

We had our final transition day for Year 6 into 7 on Tuesday. Year 6 have enjoyed their days and it is great that they have had such a positive start to their MHS journey. We had wonderful students leaders support the day with showing groups around, cooking the BBQ and some incredible performances from our Creative and Performing Arts students. We look forward to seeing the Year 6 students in a MHS uniform next year!

Donate to MHS

If you are leaving Maclean High School or have grown out of uniforms we are in need of good quality secondhand uniforms to add to our clothing pool. Please also hand in your YONDR pouch if you are leaving the school.

Communication

Communication is an important part of the ongoing relationship between students, staff and parents. If you need to raise any concerns or have relevant information that you would like to pass on to the school, please contact our front office. If it is a subject related matter, please start with the classroom teacher or the faculty head teacher. If it is a wellbeing related matter, please start with the relevant year advisor. If you wish to have a meeting to discuss your child, it is important to speak with the front office staff and schedule an appointment. This ensures that we can have the right staff available to assist you.

Mrc Corlo Toulor	Maclea	Maclean High Schoo Who to contact for subject related matters?		Maclean High School	
 Mrs Carla Taylor Relieving Principal 				Who to contact for wellbeing issues?	
	Step 1:	Classroom Teacher		Step 1:	Year advisor
	Step 2:	KLA Head Teacher		Step 2:	Head Teacher Wellbeing
	Step 3:	Deputy Principal		Step 3:	Deputy Principal
	Step 4:	Principal		Step 4:	Principal
	in the state				MACLEAN HILLS
Conc	examples of who t ern	to go to:	Appropriate s	staff member	
Class	subject or assessment conflict or issues relating to multiple s		Classroom teacher or faculty head teacher		
Social classe			Year advisor		
Caree suppo	ers or school to work pathway advice or ort		Careers advisor Ms Fisher or Student Mentor Mrs Bowie		Student Mentor
	dance, learning or wellbeing concerns as bullying		HT Wellbeing, Mrs Kaine		
		wellbeing concerns	HI Wellbeing,	wirs Kaine	
such a Matter studer	as bullying rs relating to stude	nts with disabilities, care or students with		Special Educa	tion, Donna
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Her Excellency offered words of encouragement and shared her own experiences of educational pursuits, emphasising the value of hard work, determination, and the importance of lifelong learning. Her genuine interest in the students' dreams and her insightful advice left an indelible impact on our school captains. They walked away from this conversation with renewed motivation and a sense of pride in representing Maclean High School.

One of the most memorable aspects of the visit was the extended conversation Her Excellency & Mr Wilson (who is also the Patron for the Royal Agricultural Society of NSW Foundation) had with our dedicated cattle show team. The students who make up this team, known for their commitment and passion, shared their experiences and insights with Her Excellency. Their dedication to animal husbandry, agriculture, and the values instilled through their participation in the cattle program truly shone during this interaction.

This visit by Her Excellency provided an exceptional opportunity for us to share our school's accomplishments and values with an important representative of our state. It was a testament to the strength and spirit of our school community, even in the face of unexpected weather challenges.

As we reflect on this memorable day, we are reminded of the resilience and adaptability that characterises our school. We may not have visited the Ag Farm, but the Library became a stage for inspiring conversations and connections that will be cherished for years to come.

We look forward to more opportunities to celebrate our achievements, both big and small, as we continue to grow and excel.



School Spectacular 2023

We're very excited to announce that Alora Mahoney from Year 8 has successfully secured a place as a Featured Artist for the 2023 School Spectacular. This year, Alora will take center stage as one of the featured artists at this muchanticipated event, showcasing the extraordinary talent that resides within our New South Wales public schools.

Schools Spectacular, an annual event that celebrates the diverse talents of students across the state, has become synonymous with excellence and entertainment. This year promises to be no different, with Alora poised to deliver a performance that will leave the audience in awe.

As one of only 49 students from across the state selected for this role, Alora is not only an incredible talent nurtured in our public schools, but also a shining example of dedication and hard work. Their journey to becoming a featured artist in Schools Spectacular 2023 is a testament to the countless hours of practice and unwavering commitment that our students put into their craft.

As the spotlight shines on Alora, we can expect a truly spectacular performance that will inspire and captivate all in attendance. The audience can look forward to witnessing the fusion of talent, dedication, and creativity that makes Schools Spectacular an unforgettable experience.

If you're going to be in Sydney for November 24th and 25th you can pick up tickets to this years showcase FabuloUS here <u>https://artsunit.nsw.edu.au/schools-spectacular/tickets</u>

The participation of Alora as a featured artist in Schools Spectacular 2023 not only showcases the incredible abilities of our students but also underscores the importance of arts education in our public schools. It's a testament to the opportunities and support that students receive to nurture their talents and reach for the stars.



Year 10 Food Technology

Year 10 Food Technology have been making Oreo Cookies and Bounty Bars from scratch and testing out their piping skills with a beautifully perfected buttercream icing.



Jacaranda Woodworking Competition



All students from Year 7 to Year 12 who have or are still currently studying Timber, were invited to enter their woodworking projects into the annual Jacaranda Woodworking Competition held in Grafton as part of the Jacaranda Festival.

We had 9 students enter their projects from all year groups. Mrs Ellis attended the opening ceremony on Sunday to accept any awards on behalf of the students.

It was pleasing to see that Maclean High students came away with some Highly Commended projects and a winner in their section.

Congratulations to Jett Bourke for winning the Year 9 section with his Plant Stand. Jett will receive a small prize for his work. Highly Commended went to Ellie Gordon (Year 9) for her side table, Flint Sutherland (Year 10) for his shaving cabinet and Ronann Naylor (Year 8) for his truck.

Laser Cutter Machine

There are exciting times ahead for the TAS Department. On Thursday we had the TroTec Laser Cutter installed and Mr Nabb engaged in professional learning in how to use the Laser Cutter. Maclean High School would not have been able to buy the Laser Cutter without the help from Angourie Plumbing and Gas, Velocity Physio, Big River Sheds and the MHS P&C.

A huge Thank You to these local businesses and the P&C. Watch this space for some exciting projects to be made this term!







North Coast National Lismore Show Results

What an amazing show for our MHS Show Team. Results include, The Ampion School Competition

Speckle Park Ring

Crand Champion Female Speckle Park & Champion Senior Female Speckle Park- Great Marlow Speckle Park Marlow Lightning Lady and Calf Lightning Lass.

Reserve Champion Senior Female Speckle Park- Great Marlow Unique with Calf Breaking News.

Cow with Calf at Foot- Great Marlow Unique and Breaking News. Lightning Lady and Lightning Lass

Bull 12 - 16 months

Great Marlow Might n Power 5th Great Marlow Most Wanted

Female 20-24

Great Marlow Tilly

Female 30+ months Lightning Lady

Lightning

Junique

Braford Ring

Female 12 to 16 Months Reserve Senior Female- Little Valley Bonnette

Female 20-24

Little Valley Bonnette

School Steer Hoof Results

Thunder bred by Bizzy Brahmans of Copmanhurst
 4th Diamond bred by Basil and Chris Moran of Brushgrove
 School Steer Hook Results Most Successful Steer
 Turbo Bred by Great Marlow Speckle Park

Far North Coast Group 1 Young Judges Final

5 MHS students out of 11 finalists.

MHS qualified and competed in the following with 5 students against the regions best. Grace Carr, Holly Nehls, Maddison Bowring, Abi Moran and Elora Ardrey.

Parading was a popular event with over 170 contestants. MHS finalist in their respective age divisions included. Jimmy Barnier, Leya Everson, Bryson Lee, Georgie Lee, Lara Speirs, Cameron Collis and Indianna Wood. Well done Team, an amazing effort.













Student Representative Council





Get to know your school leaders

Yayden Campbell.

What is your favourite senior subject at MHS and why?

I don't really have a favourite subject at school. I find all my subjects interesting and it helps that I've got really good teachers for all of them. Shout out to my teachers Mr Thompson for Maths, Mrs Lennon for Business, Mr Black for English, Mrs Lowe for PDHPE, Mr Christinson for Earth and Environmental Science and my Distant Ed teacher Dean Acret for Engineering Studies.

What is your favourite hobby/sport?

Recently I've been really getting into the mixed netball comp on Thursday nights at the Raymond Laurie.

What do you like best about MHS?

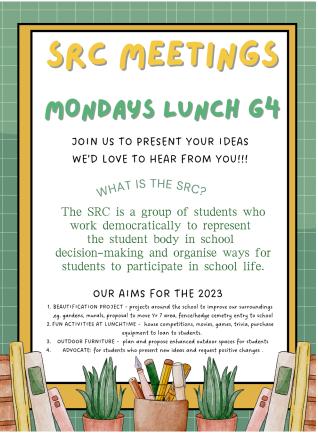
I like the teachers at Maclean High. All of them that I've had have been really motivating and interested in our learning.

What is a book that has left an impact on you?

The Jack Charles book is probably the latest book that had an impact on me. It really just showed the hardships that the stolen generation had to go through and what they are still going through to this day.

Do you have any ambitions after graduating?

I would like to make a positive change to this world in some way shape or form.



What's Happening? (SRC initiatives)

Loud Shirt Day is on the 10th of November - wear a loud shirt in support of those with hearing challenges and bring a gold coin donation.

Prizes for Loudest Shirt - categories : TEACHER, SENIOR AND JUNIOR

The SRC helped cook the Yr 6 orientation BBQ lunch and do some halloween facepainting. It was great to see the future students enjoying themselves. Thanks to all the SRC members who pitched in to help.

We ran the Halloween competition Tuesday 31st. There were some seriously Awesome costumes. We have out several canteen voucher prizes for best dressed. Great work Isla!!!

If you get a chance, check out our SRC noticeboard, See what our 2023 goals have been, see whats coming up and be reminded of some of the things we have achieved for you this year.

Come to our meetings if you have an idea... G4 Monday Lunch time.



GRIP Leadership Conference



In 2023 Maclean High School staff made an intentional commitment to invest in leadership opportunities for our students. We have embraced the opportunity to bounce back after a series of challenging years with Covid and Floods, and provide the forum for students to build on their talents as role models and leaders in our school community. The SRC, the School Leaders and several other potential future student leaders joined in at the GRIP leadership conference in Coffs Harbour on the 2nd of November. We were the biggest cohort of students from any of the Government and Private schools to attend the event.

The Maclean High School students were in their element right from the beginning of the day, excitedly discussing how to bring about positive changes to our school. They were able to learn of ways to enhance a sense of belonging amongst all students, effectively coordinate activities and advocate where necessary. They were "buzzing" as they left the event, feeling empowered and anticipating the positive impact they could have.

As a result, the new School Leaders are motivated to hone in on individual skills of our SRC members and start the forward planning for a great 2024. They don't promise to be able to fix all the challenges but they are super keen to selflessly use their skills to be a part of permanent culture changes with a huge dose of fun.

Thanks to Mrs Taylor for supporting our desire to grow the skills of our student leaders and approving the heavily subsidised trip. We (the SRC) promise the dividends will be reaped by all in our school community.

Fellow students: Come visit us in G4 Monday lunchtimes to present your requests. We'd love to hear from you.



FAMILY AND RELATIONSHIP SERVICES TERM 4, 2023 EVENTS

LIVABLE - 11 KEMP STREET

DADS TUNING IN TO KIDS WEDNESDAYS | 10 AM - 12:30 P A father-focused program to understand, recognise and respond to your child's emotional needs. CALMER KIDS, CALMER HOMES 10 OCTOBER 10 AM - 12:30 PM Explore fears, worries and anxiety to support your kids in their home environment CIRCLE OF SECURITY PARENTING Read your child's emotional needs and enhance their selfesteem PARENTING AFTER FAMILY VIOLENCE 24 OCT - 28 NOV nurturing, empowering and kind program for parents and carers who have experienced family violence. CREATIVE COMMUNICATION 25 OCTOBER | 10 AM - 12:30 PM 25 OCTOBER | 10 AM - 12:30 PM Discover creative and enjoyable communication strategies that can strengthen your relationship with your 4 to 15 year old child. A practical workshop that will help you prepare yourself and your pre-teen for their high school journey. 3 CONSECUT 22 NOV - 6 DE NESDAYS

22.NOV - 6 DEC | 10 AM - 12:30 PM Manage difficult child behaviours by focusing on strategies that promote and encourage change. CHRISTMAS CELEBRATION 4 DECEMBER 19:30 AM - 11:30 AM Explore how to keep your emotional cup full while your kids are entertained. Enjoy a fun Christmas parade.

HOW TO TALK SO KIDS LISTEN S DECEMBER |10 AM -12:30 AM Through problem-solving, learn five key strategies to communicate with your child. BOREDOM BUSTERS & DECEMBER |9:30 - 11:30 AM Discover great tips to bust the boredom. PRESCHOOL / KINDY DROP OFF II DECEMBER |10 AM - 12:30 PM Discover important strategies to support your child make the best start to their day at school. KEEP CALM AND STRESS LESS 13 DECEMBER |10 AM - 12:30 PM Learn strategies to manage and communicate in stressful situations.

FREE

online 🖕

STARTING HIGH SCHOOL 13 NOVEMBER (< - 8:30 PM A practical workshop that will help you prepare yourself and your pre-teen for their high school journey. UNDERSTANDING ANGER 15 NOVEMBER (< - 8 PM Understand the emotion of anger, both the positive and negative, and the part that it can play in your life. MANAGING ANGER 22 NOVEMBER (< - 8 PM Discover easy strategies to manage anger that will create a calmer home.

Livable Family and Relationship Services is funded by the Dept. of Social Services.

BOOKINGS ESSENTIAL 1800 289 927 LIVABLE.ORG.AU/EVENTS

If I'm sick at school

What you need to do:

- Let your teacher know that you feel sick
- Your teacher will write you a note to present to the attendance office
- The office will call your parents/carers to take you home

I need to collect my child early

What you need to do:

If you need to collect your child early from school, to reduce disruption during class time, it would be apreciated if you could send a note to school with your child to present at the attendance office before school.



Hardship Flood Funds

The Hardship Flood Funds that families received in 2022 must be used by the 16th December 2023. Schools have been instructed by the department, that any unused funds will be returned to the Department of Education on Tuesday 19th December 2023.

You can log into your School Bytes app and find your credit balance in the Payment History Tab.

School Bytes - Parent Portal

MHS is now using the new finance program 'School Bytes'. Parents can download the app by following the instructions below. On the parent portal you can make a payment, request refunds, provide consent for an excursion and see your payment history. More items will be added in the future and we will update you as it happens.

How to access School Bytes

support.schoolbytes.education/hc/en-us/articles/4414363793295-How-to-access-School-Bytes

Last updated: October 7, 2023

- Method 1 Parent Portal accessed via this link: https://portal.schoolbytes.education
- Method 2 Parent App
 - App Store <u>https://apps.apple.com/us/app/school-bytes/id6463097826</u>
 - Google Play <u>https://play.google.com/store/apps/details?</u> <u>id=education.schoolbytes</u>
- Method 3 Unique link emailed to you an example of this is provided below

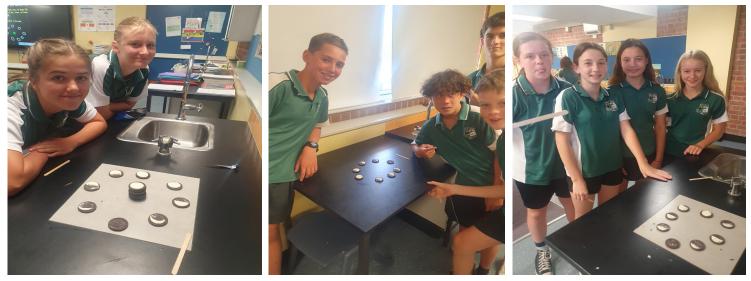
Subject of email here	$\leftarrow \ll \rightarrow$
To:	
Sample School	
Dear Parent/Carer, Please use the link below to give consent and make payment for Student name to attend the following activity: Example activity name View online form	
Thank you. Sample School	
This email was sent to you through School Bytes. You are receiving this email as your email address is associated with a student at School Bytes Academy. If you no longer wish to receive these emails, please contact the school at sample.school@schoolbytes.education.	

This link will automatically direct you to the School Bytes application where you can then continue to make a payment or enter the details into your online permission note.

The emails are sent from noreply@mail.schoolbytes.education. If you are not receiving these emails, please check your spam/junk mail folder and add the email address to your safe senders list.



Year 7 Science



Year seven students were at it again this week modelling the lunar cycle out of Oreo's. Learning about the phases of the moon helped students to understand and evaluate how models can make it easier to understand celestial phenomena. Obviously, that came second to the delicious taste of the lunar shaped morsels!

Alumni



We are delighted to share the incredible achievements of one of our alumni, Aimee Jeffrey, who recently won the prestigious Vets Choice Award for Best Managed Horse at the Tom Quilty Cup 2023. This remarkable 20-yearold Harwood endurance rider displayed unwavering determination and dedication in her first participation at the renowned National Championship of endurance riding.

The Tom Quilty Cup, a hallmark event in the world of endurance riding, saw riders take on a grueling 160km course. The 2023 edition of this challenging event was held at Stirling Crossing in Queensland. Aimee's impressive performance and the impeccable care of her horse, Kozmonaut, resulted in a resounding victory in the Vets Choice Award category.

Aimee's win not only signifies her passion and commitment to the sport of endurance riding but also her exceptional horsemanship and veterinary care skills. Kozmonaut's superior condition at the conclusion of the race was a testament to Aimee's dedication, hard work, and expertise.

What makes Aimee's accomplishments even more remarkable is her pursuit of a career in veterinary nursing. Currently in the final stages of her veterinary nurse studies at Yamba Veterinary Clinic, Aimee is on a path to make a significant impact in the field of animal care and health.

Aimee's journey from our school to the pinnacle of endurance riding and her dedication to becoming a veterinary nurse is truly inspiring. Her achievements reflect the values and qualities we aim to instill in all our students: passion, perseverance, and a commitment to excellence.





Helpline Numbers/Online Resources

Kids Helpline: 1800 551800 or www.kidshelp.com.au

Lifeline: 13 1114 or www.lifeline.org.au

Headspace: 1800 650890 or www.eheadspace.org.au

Beyond Blue: 1300 224636 or www.beyondblue.org.au

Reachout: <u>http://au.reachout.com</u>

Suicide Call Back Service: 1300 659467

Parent Line NSW: 1300 1300 52 or www.parentline.org.au

WayAhead Directory: <u>http://directory.wayahead.org.au</u>

Mental Health Telephone Access Line: 1800 011511 (operates 24 hours a day, 7 days a week. It is staffed by clinicians who can provide advice, make referrals and link callers to the Mental Health Service in their local health district).

School Counsellors: Mr Andrew Allen

Wellbeing Health In-Reach Nurse: Mrs Sally Loy (Work No: 0484 648 062)

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