



NEWSLETTER

MACLEAN HIGH SCHOOL

Dates to Remember

28 Feb

Zone Swimming Carnival
Alstonville

28 Feb

Vaping - clearing the air 6pm in
the Hall

13 March

P&C Association AGM meeting
at 6.30pm in the Library

13 March

North Coast Swimming
Alstonville

14 March

Year 7 Welcome BBQ

15 March

Year 6 Transition Workshop

28 March

Charles Sturt Explore Day

30 March

White Card

6 April

School Cross Country

7 April

Last day of Term 1

10-21 April

School Holidays



Wheelchair Basketball

Many Maclean High School students were given the opportunity to experience the fun of Wheel Chair Basketball last Friday. David Johnson, an Australian Olympic Medalist, visited our school to deliver the program with his colleagues from the Sports Ability group.

Students from SLR, Sports Coaching, PASS, Yr 9 PDHPE and the SRC got to hear about David's experience which enhanced their appreciation for the challenges experienced by people with mobility restrictions and also value the contribution people of all abilities have to offer and the way they can achieve success. Students left the experience feeling everything from humbled, motivated, inspired to physically exhausted, having had a very fun and challenging experience.

We are very grateful to David and his colleagues for providing this experience, and thanks to the students for their incredible enthusiasm. I was proud to see these role model students represent their school with impeccable behaviour. We look forward to David visiting again next month to provide other MHS students with the same fun learning opportunity.

- Mrs Sarah Rossington

From the Principal's Desk

Student Uniform

I would like to congratulate students on their uniforms over the last few weeks. The vast majority of students have been in uniform each day and looking wonderful. Uniform letters will be going out for students who are out of uniform on multiple occasions and we appreciate the support of families in trying to rectify this. As always, we have uniform assistance available to support families who may be facing financial difficulty. Please see our friendly front office staff if you would like any further information.

Staff Changes

We would like to farewell Mrs Anne Simpson who is leaving us at Maclean High School. Mrs Simpson has been a wonderful part of the CAPA faculty over several years and we would like to thank her for her ongoing service and dedication to MHS. We wish her all the best.

We would also like to farewell Ms Tara Brooks who has received a teaching transfer to Woolgoolga High School. She has been an important part of our MHS team and HSIE faculty. We wish her well in her new appointment.

Mrs Belinda Cameron is now a permanent Visual Arts teacher and is also our current DCO (Digital Classroom Officer). She will be working with staff to support the use of technology in the classroom and future focused learning.

Major Works

The new roofing for B block (upper classrooms E10-E15) will commence over the next few weeks. This block is also receiving a new facade and new windows in the works. The footings for the replacement basketball courts are being poured and the storm water and drainage system is being replaced along the front of the school. Our students and staff have been extremely adaptable during this disruption, we can't wait to see the finished products.

Vaping Information Seminar

On Tuesday the 28th there will be an information session for parents and community members run by Perennial Health. The 6pm session is being proudly supported by our P&C and all are encouraged to attend. Throughout the day, sessions will be run for each student stage group aligning with the NSW Department of Education health curriculum.

Assessment Schedules

The 2023 junior assessment schedules have been published on our school webpage and I thank Mrs Vadher for her work in putting them together. We encourage students to use this document to manage their time and plan for assessment tasks. Each subject is listed as well as an overview for each term. It is a great idea for students to be also using a student diary to plan their time.

- Mrs Carla Taylor

Relieving Principal

Touch Football

On Friday the 10th of February, the boys and girls U'15s touch teams travelled to Woodenbong for the annual Northern Rivers Zone Touch Football Gala Day. With bright skies overhead it was the perfect day for some dazzling displays of athleticism.

The girl's team put on quite a show. The team comprised of Tana Lowe, Star White, Isabella Devine, Emma Kerr, Ella Jenner, Savanna Rooks, Mia Turner, Kyah Foster, Layla Jones and Grace Johnson. The competition was tough but the girls stepped up game after game, always managing to create opportunities and weave through the gaps to put points on the board. After three tightly contested games, the selectors decided to pick the fleet footed Tana Lowe and Emma Kerr for the representative team, with the versatile Star White added in as a reserve.

The boys were equally impressive, only dropping one game out of four as they side stepped and threw cut out balls to cleave through their opponents. The players were Harper Smith, Julean Woods, Bohdi Bushell, Oliver Pengelly, Demarco Quinlin-Randall, Jake Morris, Reef Speirs, Banjo Ridgway, Cooper MacPhail and Thomas Epis. The selectors were particularly impressed with the goose stepping Bodhi Bushell and the thunderbolt winger Julean Woods, with these two boys making the representative team.

A great day was had by all.

- Mrs Lowe and Mr Wythes





SUNS

COME AND TRY DAYS



Entering Under 10s, Under 12s and Under 14s teams in the 2023 AFL North Coast competition.

All interested boys and girls are warmly invited to come and try the great game of AFL!



YAMBA
Yamba Public School
Wednesday 1st March
4pm-6pm

MACLEAN
Wherret Park 1
Sunday 5th March
11am-1pm

lowerclarencesuns@gmail.com

 Lower Clarence Suns AFL



Its Time!!

to join our football family



REGISTRATIONS OPEN NOW

For information on how to register visit

 Maclean FC

or email

 admin@macleanfootball.com.au



Open Boys Cricket



After finishing North Coast champions at the end of last year, the open boys cricket side knew they would be in for a tough match against Farrer Memorial Agricultural High School having lost four key players due to apprenticeships and injuries over the Christmas break.

Despite numerous set backs and disruptions in the lead up to the match, the Maclean boys put in a valiant effort against a much more polished and resourced opposition.

Maclean High managed to scrape together 114 runs with Luke Lambert and Maison Simmons contributing the majority of the runs. The boys remained optimistic, knowing that a good bowling performance would put them in with a good chance to win.

Unfortunately, the boys were unable to capitalise on most of the early chances that were created and eventually the runs were comfortably ground out by the Farrer High batsmen. Campbell Kelly, James Lobb and Joshua McCarron were the pick of the bowlers.

Finally, A huge thank you to Kevin Lowe and Shannon Campbell for helping out on the trip and giving the boys a lift to and from Tamworth.

- Mr Adam Izzard

Maclean High School

Presents VAPING *clearing the air.*

An information session by Perennial Health for parents, carers and community members on vaping and how we can support our young people to navigate the pressure and dangers of vaping.

Date: Tuesday 28th of February

Time: 6pm

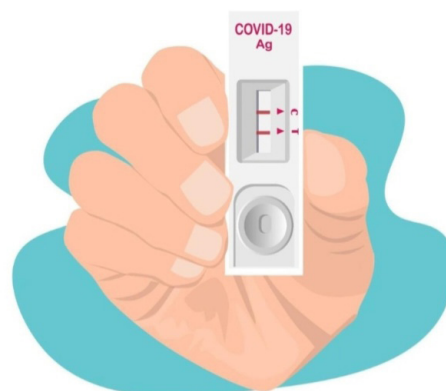
Location: Maclean High School Hall

RSVP: Register your interest via the front office on 66452244



FREE RAT TEST

AVAILABLE AT THE FRONT OFFICE
FOR ALL STUDENTS, STAFF & FAMILY MEMBERS





17th February, 2023

Dear Parent/Caregiver

This letter is to officially welcome you and your family to Maclean High School. We have continually sought ways to provide Year 7 families with early contact with the school and the following event allows for this with a very relaxed and informative gathering.

“Getting to Know You” BBQ


We would like to invite you to the school on **Tuesday 14th March** from **5.00pm – 7.00pm**. This is an opportunity for you to meet the parents of the children in your child’s class, various staff and P&C Association representatives.


Maclean High School continues to acknowledge the importance of the P&C Association through their support in a financial capacity as well as through feedback and discussion at the P&C Association meetings. The Administration Office will also be open until 5:30pm on the night if you have any questions or wish to make any payments.

Please feel free to attend for the whole time or as long as you can manage. It is also an opportunity for your child to show you where their classrooms are. Bring the family; there will be plenty of sausages!!

We would appreciate it if you could complete the form below and allow your child to return it to the box outside the Attendance Office as soon as possible.

We are looking forward to meeting you soon.


Mrs Carla Taylor
Relieving Principal


Mrs Tania Kane
HT Wellbeing


Miss Emma Watts
Year 7 Adviser

Please return this section to the box outside the Attendance Office.

Year 7 Sausage Sizzle

☐ We will be attending the Sausage Sizzle and there will be adults and children attending (please include your Year 7 child in this number).

☐ Sorry, I am unable to attend.

Parent Signature:.....

Student Name:..... **Year 7 Class:** **G L O B E**
(Please circle).

Sports Coaching Clinic



On Thursday February 16th, year 11 Sports Coaching students were fortunate enough to receive a coaching clinic from Dane Mitchell, runner up coach of the year at the Clarence Valley sports awards 2023.

Dane ran a skills session for the students to highlight some of the coaching strategies he implements with the Yamba Buccaneers, a team in which he's had much success. The year 11 students had the opportunity to discuss his approach to coaching and ask him questions regarding his knowledge and experience. We are grateful for Dane returning to his former high school, to provide our students with such a rich and varied coaching experience. We look forward to the possibility of working with him again in the future, thank you Dane.

- Mrs Ceri Adams



The Health4Me research study provides support through text messages about physical activity, nutrition and wellbeing. We want to find out if this program can help to improve your health. If you're between the ages of 12-18 and have an active mobile phone, consider joining our study!

All participants will receive a gift voucher for their time completing each of the study activities.



THE UNIVERSITY OF
SYDNEY

This study has received ethics approval from The University of Sydney HREC (approval number 2022/402)

CONTACT US



health4me.study@sydney.edu.au



0468 684 450



health4mestudy.com

Sports Coaching Clinic





SUPER SATURDAY GIRLS TACKLE





DATE

25TH MARCH

We still have a few spots left for girls to join our Under 14s & Under 17s teams





Venue

Yamba Rugby League Oval
Angourie Road, Yamba

Registration Link

Playnrl.com

There will be full canteen facilities available

Follow Clarence Coast Magpies Junior Rugby League for updated information

Maclean High School

Who to contact for wellbeing issues?

- Step 1:** Year advisor
- Step 2:** Head Teacher Wellbeing
- Step 3:** Deputy Principal
- Step 4:** Principal



Maclean High School

Who to contact for subject related matters?

- Step 1:** Classroom Teacher
- Step 2:** KLA Head Teacher
- Step 3:** Deputy Principal
- Step 4:** Principal



NAPLAN

Information for parents and carers

2023



Why do students do NAPLAN?

NAPLAN is a national literacy and numeracy assessment that students in Years 3, 5, 7 and 9 sit each year. It is the only national assessment all Australian students have the opportunity to undertake.

As students progress through their school years, it's important to check how well they are learning the essential skills of reading, writing and numeracy.

NAPLAN assesses the literacy and numeracy skills that students are learning through the school curriculum and allows parents/carers to see how their child is progressing against national standards and over time.

NAPLAN is just one aspect of a school's assessment and reporting process. It doesn't replace ongoing assessments made by teachers about student performance, but it can provide teachers with additional information about students' educational progress.

NAPLAN also provides schools, education authorities and governments with information about how education programs are working and whether young Australians are achieving important educational outcomes in literacy and numeracy.

Your child will do the NAPLAN tests online

Schools have transitioned from paper-based to computer-based assessments.

Online NAPLAN tests provide more precise results and are more engaging for students. One of the main benefits is tailored (or adaptive) testing, where the test presents questions which may be more or less difficult depending on a student's responses.

Tailored testing allows a wider range of student abilities to be assessed and measures student achievement more precisely. A student's overall NAPLAN result is based on both the number and complexity of questions they answer correctly. Your child should not be concerned if they find questions challenging; they may be taking a more complex test pathway.

What does NAPLAN assess?

NAPLAN assesses literacy and numeracy skills that students are learning through their regular school curriculum.

Students sit assessments in writing, reading, conventions of language (spelling, grammar and punctuation) and numeracy. The questions assess content linked to the Australian Curriculum: English and Mathematics.

All government and non-government education authorities contribute to the development of NAPLAN test materials.

To find out more about NAPLAN, visit nap.edu.au.

Participation in NAPLAN

NAPLAN is for everyone. ACARA supports inclusive testing so all students have the opportunity to participate in the national assessment program.

In exceptional circumstances, a student with a disability that severely limits their capacity to participate in the assessment, or a student who has recently arrived in Australia and has a non-English speaking background, may be granted a formal exemption.

Your school principal and your local test administration authority can give you more information on adjustments for students with disability or the process required to gain a formal exemption.

What if my child is absent from school on NAPLAN days?

Where possible, schools may arrange for individual students who are absent at the time of testing to complete missed tests at another time during the school's test schedule.

What can I do to support my child?

Students are not expected to study for NAPLAN. You can support your child by reassuring them that NAPLAN is a part of their school program and reminding them to simply do their best. Some familiarisation and explanation of NAPLAN is useful to help students understand and be comfortable with the format of the tests. Teachers will ensure students are familiar with the types of questions in the tests and will provide appropriate support and guidance.

ACARA does not recommend excessive preparation for NAPLAN or the use of services by coaching providers.

See the types of questions and tools available in the online NAPLAN assessments at nap.edu.au/online-assessment/public-demonstration-site.

NAPLAN timetable

The NAPLAN test window is 9 days.

The NAPLAN test window starts on Wednesday 15 March and finishes on Monday 27 March 2023.

See SENTRAL for more information regarding NAPLAN organisation in Week 8, Term 1

How is my child's performance reported?

Individual student performance is shown on a national achievement scale for each assessment. This scale indicates whether the student is meeting expectations for the literacy and numeracy skills needed to participate fully in that year level.

A NAPLAN individual student report will be provided by your child's school later in the year. If you do not receive a report, you should contact your child's school.

How are NAPLAN results used?

- Students and parents/carers may use individual results to discuss progress with teachers.
- Teachers use results to help identify students who need greater challenges or extra support.
- Schools use results to identify strengths and areas of need to improve teaching programs, and to set goals in literacy and numeracy.
- School systems use results to review the effectiveness of programs and support offered to schools.
- The community can see information about the performance of schools over time at myschool.edu.au.

Where can I get more information?

For more information about NAPLAN:

- contact your child's school
- contact your local test administration authority at nap.edu.au/TAA
- visit nap.edu.au

To learn how ACARA handles personal information for NAPLAN, visit nap.edu.au/naplan/privacy.

Test	Scheduling requirements	Duration	Test description
Writing	<ul style="list-style-type: none">• Year 3 students do the writing test on paper (on day 1 only)• Years 5, 7 and 9 writing must start on day 1 (schools must prioritise completion of writing across days 1 and 2 only, with day 2 only used where there are technical/logistical limitations)	Year 3: 40 min Year 5: 42 min Year 7: 42 min Year 9: 42 min	Students are provided with a 'writing stimulus' (sometimes called a 'prompt' – an idea or topic) and asked to write a response in a particular genre (narrative or persuasive writing)
Reading	<ul style="list-style-type: none">• To be completed after the writing test• To be completed before the conventions of language test	Year 3: 45 min Year 5: 50 min Year 7: 65 min Year 9: 65 min	Students read a range of informative, imaginative and persuasive texts and then answer related questions
Conventions of language	<ul style="list-style-type: none">• To be completed after the reading test	Year 3: 45 min Year 5: 45 min Year 7: 45 min Year 9: 45 min	Assesses spelling, grammar and punctuation
Numeracy	<ul style="list-style-type: none">• To be completed after the conventions of language test	Year 3: 45 min Year 5: 50 min Year 7: 65 min Year 9: 65 min	Assesses number and algebra, measurement and geometry, and statistics and probability



YAMBA FOOTBALL CLUB



2023 REGISTRATION NOW OPEN

To register go to – Playfootball.com.au

If you have any queries please contact us at yambaafc@gmail.com or through our facebook page.

FEES FOR 2023

Juniors	12-14 years	\$195
Juniors	15-18 years	\$210
Seniors – (SCHOOL AGE <u>ONLY PLAYING SENIORS</u>)	15-18 years	\$250

PARENTS:

Don't forget, before you register, to apply for the \$100 Active Kids Voucher, for each child enrolled at school. This is a government incentive to help offset the cost of kids sport.

<https://www.service.nsw.gov.au/transaction/apply-active-kids-voucher>

REGISTRATIONS ARE OPEN!

GIRLS AND
BOYS TACKLE
AND GIRLS
LEAGUE TAG

Go to playnrl.com to
register

We are accepting Active Kids Vouchers



1st Maclean Scouts

We are open for fun and adventure.

We meet at the Scout Hall, 15 Union Street, Maclean.

When: Tuesday's from 5.30 pm.

Contact: Joanne Worboys/Dolphin on +61 408063848

Joanne.Worboys@nsw.scouts.com.au

Helpline Numbers/Online Resources

Kids Helpline: 1800 551800 or www.kidshelp.com.au

Lifeline: 13 1114 or www.lifeline.org.au

Headspace: 1800 650890 or www.eheadspace.org.au

Beyond Blue: 1300 224636 or www.beyondblue.org.au

Reachout: <http://au.reachout.com>

Suicide Call Back Service: 1300 659467

WayAhead Directory: <http://directory.wayahead.org.au/>

Mental Health Telephone Access Line: 1800 011511 (operates 24 hours a day, 7 days a week.

It is staffed by clinicians who can provide advice, make referrals and link callers to the Mental Health Service in their local health district).

School Counsellors: Mr Andrew Allen and Mrs Tay Cone.