

# NEWSLETTER

## MACLEAN HIGH SCHOOL

## Dates to Remember

#### 14 Aug

P&C Association meeting at 6.00pm in the library

#### 14 Aug - 18 Aug

Work Placement Manufacturing & Engineering

#### 14 Aug - 18 Aug

EPP Carpentry Head Start Program

#### 16 Aug

YES Auto Grafton TAFE

#### 17 Aug

Year 7 Vaccinations & Year 10 Catchups

#### 17 Aug

YES Animal Studies Grafton TAFE

#### 18 Aug

YES Welding Grafton TAFE

#### 21 Aug - 24 Aug

**Oorala Youth Program UNE** 

#### 22 Aug

EPP Aged Care Head Start Program

#### 22 Aug

Health Pathways Year 11 PDHPE, Work Studies, CAFS & Sports Coaching



### **Byron Writers Festival**

The Byron Bay Writers Festival came to Maclean High School on Tuesday, as part of Writers on the Road tour, delivering poetry performances, novel readings and creative writing workshops for students. Australian poets and novelists, Peter Polites and Peggy Frew and Jo Yang connected with our own emerging creative writers. Stage 4 participated in Slam Poetry Performance compositions, while Stage 5 explored the components of narrative construction and stylistic features.

The students thoroughly enjoyed the workshops and had some lovely reviews to share.

#### Year 7 Reviews

I found it fun and helpful because it taught us how to write a poem but it also was fun and entertaining.

I enjoyed it very much. The activities we did were extremely fun. Watching her perform her poems were so interesting and I was hooked on every word. Very enjoyable event.

The event was very fun and exciting. It was interesting and it was fun learning how to write poems.

I enjoyed it because it was fun and I learnt how to write poems better and she was funny.

It was a very enjoyable event and I learned how to put a poem together well and the lady was very nice and very funny.



### From the Principal's Desk

#### Fame the musical

We are thrilled to announce that our talented students have been working tirelessly to bring you the muchanticipated school musical, FAME! Please come along and support our school production and celebrate the extraordinary talent of our students and staff. Let's come together as a community to support our young artists!

### **Cattle Showing Team**

It is with immense pride that we share the news of our Cattle Showing Team's outstanding achievements at the Ekka in Brisbane. Our dedicated students showcased their commitment, hard work, and excellence in representing our school. The team's success not only reflects their dedication but also the support and guidance of our amazing staff and cohort of parent and community volunteers. Congratulations to our students for upholding the school's values and making us proud!

### Using appropriate language

A friendly reminder to all students that using respectful and school-appropriate language is essential for maintaining a positive and inclusive school environment. Let's ensure that our words reflect the value of respect that we uphold at Maclean. Encourage open dialogue, celebrate diversity, and be mindful of how our words impact others.

#### **School Uniform reminder**

Wearing the school uniform with pride is an important part of our school culture. Please remember to adhere to the uniform guidelines outlined in our school handbook. By wearing the uniform correctly and neatly, you demonstrate your commitment to being part of our school community and showcasing a sense of unity and belonging. We are collecting a supply of spare uniforms and students may be asked to change if they are at school not in uniform.

#### **Drink Breaks**

With the warmer months ahead, it's crucial for students to stay hydrated throughout the day. We encourage all students to bring a refillable water bottle to school. Our water stations are available for easy refills, ensuring everyone has access to fresh water. Students are required to fill up during break times as drink breaks are not permitted during class time as we want all students in class and learning.

- Mrs Carla Taylor Relieving Principal



### 15yrs CHS Netball Team

Well done to the 15YR CHS netball team who won through to the final of the gala knockout carnival. The girls defeated both teams convincingly and all played exceptional netball.

MHS defeated Richmond River HS 40-9. MHS defeated Lismore 29-11.

We are now into the next round for a potential Ballina Coast HS semi final clash. Thank you Lower Clarence Netball Association for our umpire and thanks to the families who supported our girls on the day.









## Fame the Musical

Tuesday 15th August 7pm

Wednesday 16th August 7pm

Thursday the 17th August 7pm

Tickets at the front office or at the door on the night

\$15 per Adult, \$8 per child, \$40 per family.



### Year 7 Learning Support cooking

As part of our project based learning projects, students in the Year 7 Learning Support class travelled down to Spar Maclean in order to buy ingredients for our weekly meal prep. For our first week we started with the basics and decided that a classic Spaghetti Bolognese would be quick and easy to whip up. After a successful walking trip to the shops, hampered by some light drizzling rain and a side mission into the Salvation Army Op shop to purchase some new Lego, we grabbed some Beef Mince, Spiral Pasta, Bolognese sauce, cheese, carrots and zucchini and a Chupa Chup lollipop each to make the walk back to school more enjoyable (and quieter).

Once back at school we made use of the school kitchens and got to work! The mince was cooked to perfection, the pasta brought to the perfect boil, cheese and vegetables grated and chopped with efficiency as the students enthusiastically delved into their culinary skills. After cleaning the kitchen to a gleam, we were able to enjoy a lovely hot meal with containers of leftovers frozen for later. This activity will be ongoing for the next semester.



### North Coast Regional Ten Pin Bowling Competition



This week our MHS Ten Pin Bowling Team took part in the North Coast Regional Ten Pin Bowling competition in Grafton. Nigalla Carriage, Correy Boon, Eric Parks and Joeden Carriage sent their pins flying down the lane to reach a total score 689 between them. There was a friendly rivalry between Grafton High and the MHS team, but this year we couldn't quite match their outstanding performance. Congratulations to Grafton High who will now progress to the state final in Sydney.

More importantly than winning all the boys had their MHS FRESH values on display all day. Their excellent sportsmanship and comradery were to be commended, and members of the public approached MHS staff to comment on the students' polite and thoughtful manners. Thanks for a great day out boys!

Are you a parent of a young person in the Northern NSW area? We want to hear your thoughts on youth vaping! The North Coast Youth Vaping Taskforce is a collaboration of health professionals and community organisations working together to tackle the issue of vaping in our young people. We need to hear from parents, to ensure your voice is considered as we develop strategies to prevent young people from taking up vaping and support those who already do vape.

https://www.surveymonkey.com/r/V836JGM





### **Learning Support**

The Learning Support students have been cooking up a storm with Mrs Ellis over the last few weeks. The students have been developing their skills in reading the recipes, cutting, mixing, measuring and cooking. So far they have made milkshakes, Hoisen Chicken with rice and Fench Toast. Let's say all cups and plates are coming back empty!







### Year 11 Hospitality

Year 11 Hospitality made a Finger Food platter as part of an assessment. Students cooked Pork Balls, Beef Samosas, Mini Spring Rolls and Herb Blinis with Smoked Salmon or Prosciutto. These platters were delivered to all the faculties in the school. The students received some positive feedback from staff saying how yummy the food was.

Well done to Year 11 Hospitality students.





### **Maclean High School**

Who to contact for subject related matters?

**Step 1:** Classroom Teacher

Step 2: KLA Head Teacher

Step 3: Deputy Principal

Step 4: Principal



### **Maclean High School**

Who to contact for wellbeing issues?

Step 1: Year advisor

**Step 2:** Head Teacher Wellbeing

Step 3: Deputy Principal

Step 4: Principal





### Ekka show results for MHS Show Team

Junior Judging- 16 to 18s

4th Highly Commended Holly Nehls

### **Nutrien School Herdsperson**

4th Highly Commended Maclean High School Cattle Show Team

Judged on,

- stall cleanliness
- tidy feed storage
- presentation of school steer
- promotion of the school by students
- public relations

**Interschool School Steer Judging Competition**A group of 3 judges competed against other schools. Grace Carr, Maddison Bowring and Georgie Lee.









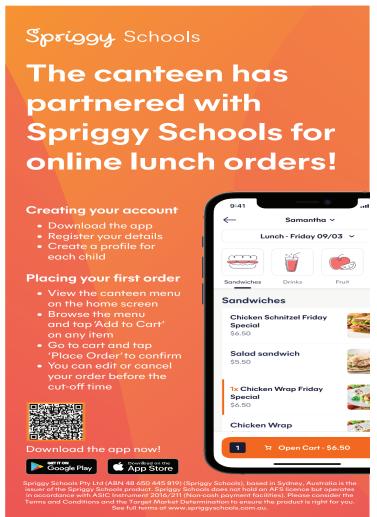




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### **Helpline Numbers/Online Resources**

Kids Helpline: 1800 551800 or www.kidshelp.com.au

Lifeline: 13 1114 or <u>www.lifeline.org.au</u>

Headspace: 1800 650890 or <a href="www.eheadspace.org.au">www.eheadspace.org.au</a>

Beyond Blue: 1300 224636 or www.beyondblue.org.au

Reachout: <a href="http://au.reachout.com">http://au.reachout.com</a>

Suicide Call Back Service: 1300 659467

Parent Line NSW: 1300 1300 52 or www.parentline.org.au

WayAhead Directory: <a href="http://directory.wayahead.org.au">http://directory.wayahead.org.au</a>

**Mental Health Telephone Access Line:** 1800 011511 (operates 24 hours a day, 7 days a week. It is staffed by clinicians who can provide advice, make referrals and link callers to the Mental Health

Service in their local health district).

**School Counsellors:** Mr Andrew Allen and Mrs Tay Cone.

Wellbeing Health In-Reach Nurse: Mrs Sally Loy (Work No: 0484 648 062)