



NEWSLETTER

MACLEAN HIGH SCHOOL

Dates to Remember

4 Mar

North Coast Open Soccer Trials
Coffs Harbour

4 Mar - 8 Mar

Work Placement
Manufacturing & Engineering

7 Mar

Yr 7 Welcome BBQ

11 Mar

P&C AGM meeting 6pm in the
school library

11 - 13 Mar

Cultural Tours

13 - 22 Mar

NAPLAN

19 Mar

North Coast Swimming
Carnival - Casino

22 Mar

MHS Cross Country 1pm

26 Mar

Year 6 into 7 Information Night

26 - 28 Mar

Moreton Island Excursion

27 Mar

Yr 6 Transition Day



SRC Induction Ceremony

We are thrilled to share the joy and success of our recent 2024 SRC Induction Ceremony, a momentous occasion that marked the beginning of a new chapter for our student leaders.

The ceremony, lead by our school captains, Millie and Yayden, was attended by the entire student body as well as family members of our new SRC. Meena and Janarla from Year 9, gave the Acknowledgment of Country, reminding us of the rich cultural heritage on which our school stands.

We would like to express our sincere appreciation to the family members who took time out of their busy schedules to be the pillars of support during the SRC members' oath-taking. Your presence made the occasion even more special, and we are grateful for your ongoing encouragement.

Finally, a special thank you to Mrs. Rossington for her unwavering commitment and dedication as the SRC Coordinator. Her passion for nurturing student leadership shines through, and we are fortunate to have her guiding our student representatives.

As we embark on this exciting journey with our 2024 SRC members, we look forward to witnessing their passion, ideas, and commitment in shaping a positive and vibrant school community.





From the Principal's Desk

It has been another fantastic few weeks here at Maclean High School. I hope you enjoy reading about some of the great opportunities that have been provided for our students to ensure they can extend, inspire and inform themselves and our community.

In particular, I would like to draw attention to our outstanding SRC Induction that occurred in Week 4. This formal assembly was a public celebration of the outstanding leaders within our school. It was a proud moment for the students and their families to stand before our school community and make a public pledge. In my speech, I said that while not everyone can be elected to a position of leadership, I challenged students to consider that they are all leaders. Leadership is not something that is given, awarded or earned. It is not something handed to you after years of service. It is something within us. It is a desire to do better. It is a passion to bring people together, to hear their views and to represent them when they need to be heard. It is a drive to make tomorrow better than today. And it is an expectation that we have of ourselves to ensure that we are never a bystander, but someone who speaks up for what is right. I look forward to the exciting things our 2024 SRC has planned for this year.

Thank you to Mrs Sarah Rossington for her outstanding work with our SRC and for her planning and execution of this brilliant event.

Over the last few weeks, I have started visiting our partner primary schools to meet with Principals to discuss how we can partner together to get the best outcomes for our students. It has been great to have such positive discussions about our transition programs and to start looking at new and exciting opportunities to expand our programs and supports.

As the term progresses, I would like to remind students to stay focused on our core business; learning. Being on time and prepared for class, ready for learning with the right equipment, planned and ready for assessment and ensuring that we are representing our school with pride is pivotal.

Magical things happen at Maclean and it is our job to prove this each and every day.

- Mr James Witchard
Principal

Tertiary Roadshow

We recently hosted the annual Tertiary Roadshow, welcoming representatives from prestigious institutions such as the University of Queensland, University of Tasmania, Southern Cross University, University of Southern Qld, University of New England, TAFE North, Griffith University, and Bond University. This event aimed to enlighten students on various aspects of university life, including admission procedures, costs, student life, and available courses.

Representatives from each institution conducted informative presentations, providing insights into entry requirements, academic criteria, and application processes. Students gained valuable knowledge about the financial considerations associated with university life, including tuition fees, accommodation, and potential scholarship opportunities.

Beyond academics, the event explored the dynamic aspects of student life, offering students a glimpse into extracurricular activities, clubs, and social opportunities at each university. The mini-expo that followed allowed students to delve into the diverse range of courses offered, with representatives providing detailed information about academic programs, majors, and potential career paths.

Our school's careers adviser was available during the Tertiary Roadshow, providing personalised guidance and one-on-one consultations. All students encouraged to seek further information and clarification about their individual circumstances, ensuring they make well-informed decisions about their academic and professional futures.



Rugby League Union Program - Better Bats



The Maclean High school “Better Bats” Rugby League / Union program is in full swing. This week we travelled to Turners beach to undertake some wrestling and ruck training in preparation for upcoming Rugby Union games. Our players learnt the importance of getting a dominant position under the shoulders of the opposition when contesting for the ball, getting forward and taking the space when defending and always trying to keep their bodies in front of attacking opposition players.

In the classroom we have seen a significant increase in the number of positive FRESH awards the group has achieved over this week with 17 in total, up from only 3 in the week previous which is very pleasing to see. Big thanks to Dane Mitchell for donating his time and expertise, and Maclean Bowling Club and Kane’s Sports & Leisure store for their support. If you are a local business and would like to come on board and help support the program please don’t hesitate to contact Mr Dobbin via the school.

Gadalung Program

Recently, four senior students, Chantelle and Marcus (Year 12) along with Jasper and Zac (Year 11), secured spots in the esteemed Gadalung Program at the University of Sydney. This week-long residential opportunity allowed them to delve into university life and explore potential educational paths.

To gain entry into the program, students went through a comprehensive two-part application process, joining peers from all over Australia in this prestigious initiative.

Hosted by the University of Sydney, the Gadalung Program offered a firsthand experience of university life. Our seniors engaged with facilities, interacted with students and staff, and gained valuable insights into both academic and extracurricular aspects of university education.

Beyond academics, the program focused on personal growth, equipping our students with essential skills for their remaining school years and the future. This experience instilled confidence and readiness for the challenges ahead.

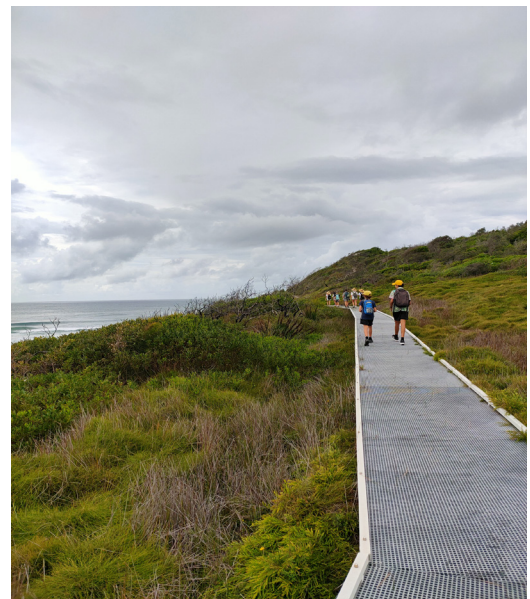


Exploring Nature's Classroom: A Recap of Our Bushwalk



In Week 4, our Year 9 Outdoor Education class embarked on a bushwalk from Angourie to Red Cliff, immersing ourselves in the breathtaking beauty of our own coastal landscape. Focus was on key areas of the two year subject-responsibility, physical endurance, navigation skills, environmental appreciation, teamwork, and personal growth.

Throughout the 13.5km journey, the group enjoyed beach, boardwalk and subtropical trails. Humidity was high, and thus fluid intake had to be a focus. Clouds loomed all day but with positive spirits, we dodged the rain until we got on the bus at the end. The group finished the walk with a well-earned swim at Red Cliff. The group will now begin focusing practical lessons on kayaking.



I need to collect my child early

What you need to do:

If you need to collect your child early from school, to reduce disruption during class time, it would be appreciated if you could send a note to school with your child to present at the attendance office before school.

If I'm sick at school

What you need to do:

- Let your teacher know that you feel sick
- Your teacher will write you a note to present to the attendance office
- The office will call your parents/carers to take you home



NSW CHS Rowing Championships

Congratulations to Millie, Anthony, Maddie and Sophie on their performances at CHS Rowing on 15th and 16th of February. The event was hosted in Grafton by South Grafton, Grafton and Maclean High Schools. Over 200 athletes from across the state attended.

For Maddie and Sophie, it was their first regatta, and they rowed well in the Women's U16 double scull heat, making it to the final, where they finished 7th in the state. Millie and Sophie also competed in the Championship Women's double scull, finishing 4th in the final. Anthony was our best individual result with a 5th in the Men's U17 single scull final. All students should feel justifiably proud of their achievements.

Our students even got to experience what it is like as competing athletes to speak with the media when they were interviewed by Prime Local News and made it onto the Thursday night News. They spoke confidently and represented Maclean High School admirably.

Congratulations also to Ms Candice Jagoe, a Maclean High School teacher, who has been voted in as the NSW CHS Rowing Convenor for 2025.

Mrs Smith and Mr Dwyer





Student Representative Council

Our Enthusiastic SRC have started hosting "Fun Fridays" again in 2024.

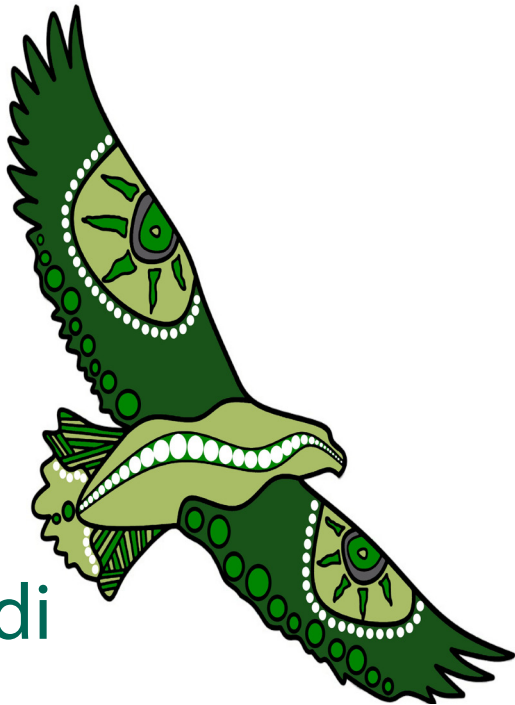
We started with House vs House Tug-o-war.

The Years 7 & 8s were super keen and there was a good show of participants from Yugaamgan, Waandyi and Garidi at Recess. Then when not many Seniors showed up at Lunchtimes event, the juniors jumped in again and gave it another go.

In the end, Garidi and Waandyi were the strongest and had the biggest number of participants. 30 pts to Garidi and Waandyi, 20pts to Yugaamgan and 10pts to Wuy-Wuy.

Good Job to Everyone who participated and to all the SRC members who helped out.

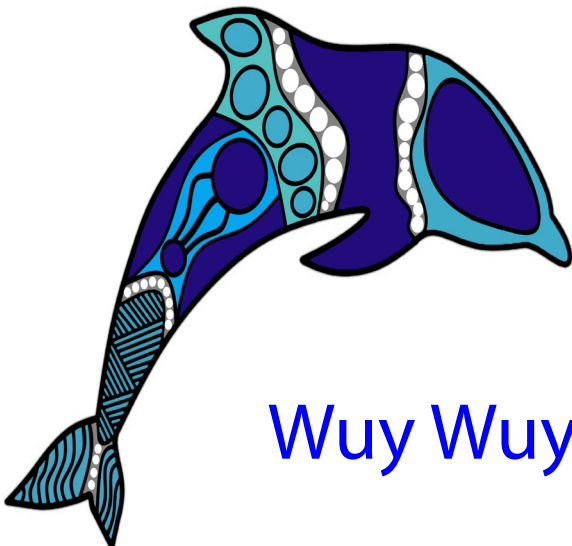
Lucy & Emma Year 8



Garidi



Waandyi



Wuy Wuy



Yugaamgan

Careers

Australian Youth Affairs Coalition

Young people aged 12 to 25 years are invited to write an opinion piece for the Australian Youth Affairs Coalition's (AYAC) youth blog. Whether climate change, mental health, employment, education, justice, or another topic is close to your heart, AYAC wants to hear from you and is keen to elevate regional voices. AYAC will feature 2 submissions per month on their blog, socials, and in their members' newsletter. Published submissions receive a \$75 honorarium. Check Sentral for the submission link.

White Card

We are running our first White Card for 2024 during Week 11. The White Card, also known as the Construction Induction Card, is a mandatory requirement for individuals involved in construction work. Any student over 14 can do this course. There are only 20 places available for the upcoming session. Check Sentral and your emails for more information.

Part Time Jobs

245 Bar and Pizzeria Maclean are looking for juniors, dishies and kitchen hands check sentral for application link

Caperberry Cafe Yamba are looking for juniors for waiting tables and kitchen work. Drop resume off in person

Flinders Rose Cafe Yamba are looking for juniors for waiting tables and kitchen work. Drop resume off in person

The Mex Yamba Dishies and Kitchen Hands. Drop your resume off in person

Work Experience

In Year 10, students have the valuable opportunity to gain work experience, although it is not compulsory and does not adhere to a set week. The approach taken is one of flexibility, encouraging students to proactively seek out work placements aligned with their interests and career aspirations. They are empowered to approach potential employers independently and subsequently consult with our dedicated careers adviser, Miss Fisher in the library for further guidance and information. This approach not only fosters a sense of initiative and responsibility but also allows students to explore various industries and professions, gaining practical insights into the world of work and helping them make informed decisions about their future career paths. The personalised nature of this work experience initiative enables students to tailor their experiences to suit their individual goals and interests.

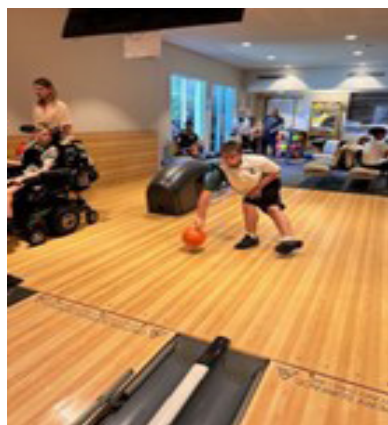
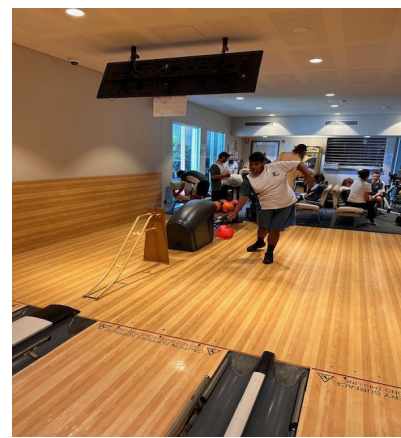
We currently have several Work Experience programs advertised on Sentral including places with Taronga Zoo, Australian Army Band, The Australian Signals Directory Cyber Security and Robotics, NSW Fire and Rescue, Australia Zoo, Clarence Valley Council, Qld Ballet and SBS.



L Hub

L Hub class have been really enjoying going out to play Ten Pin bowling at Yamba Bowling Club. Congratulations to Zac who took out the title in our first week, followed closely by Correy. There were Spares galore and fun had by all. Definitely a highlight of our week!

- Lucie Plowman



Invitation

Parents & Carers of Year 7, 2024
are invited to join us for the
'Welcome BBQ'
Thursday 7th March
5.00pm

Please RSVP by returning permission notes sent home with Year 7

www.maclehan-h.schools.nsw.gov.au



Spriggy Schools

Introducing Spriggy Schools for online ordering

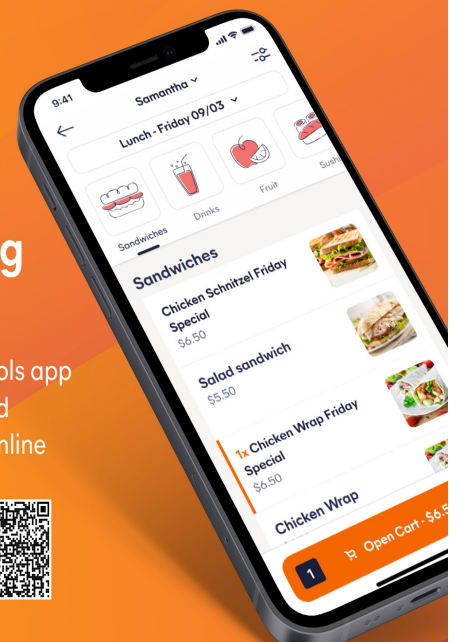
How to get started

1. Download the Spriggy Schools app
2. Create a profile for your child
3. Conveniently place orders online

Download the app now!



Check the T&C's and TMD for further information




Core Skill Development

U12'S TO U16'S GIRLS

Barry Watts Oval

Starts Tuesday 20th Feb

4:45 - 5:45pm

6 weeks

\$20

REGISTER THROUGH PLAYFOOTBALL
PRODUCT NAME: DEVELOPMENT U12 - U16 GIRLS



REGISTRATIONS FOR 2024

OPEN

1ST FEBRUARY 2024

For information on how to join our football family visit
MacleanFC Facebook Page
or
email admin@maclehanfootball.com.au

NETBALL REGISTRATIONS 2024

Maclean Netball Club welcomes new and returning players of all ages and divisions to LCNA competition for 2024. Our club is family orientated providing a fun and fair atmosphere for everyone.

Key Dates
Registrations open 9am Monday Jan 29th
Early Bird finishes March 1st
Team nominations need to be finalized March 1st
(7 players must be registered in all teams by this date to enter the competition)
Season Commences Sat March 16th

ACTIVE KIDS VOUCHERS
PARENTS ARE ADVISED TO UTILIZE THEIR ACTIVE KIDS VOUCHERS THEY WILL NEED TO ENTERED AT TIME OF REGISTRATION WE ARE NO LONGER ABLE TO MANUALLY ENTER THEM AT A LATER DATE.
CURRENT ACTIVE KIDS VOUCHERS EXPIRE ON THE 31ST OF JANUARY AND FROM THE 1ST OF FEB IS A NEW RELEASE OF COMBINED ACTIVE KID/CREATIVE KID VOUCHERS.

FEES 2024
NETSET (YRS 1-2) \$155
GO (YRS 3-4) \$175
JNR (9-17) \$175
SNR (18+) \$195



LCNA OFFERS A \$10 DISCOUNT FOR ALL PLAYERS REGISTERED PRIOR TO 1ST MARCH

For more information message or follow our Facebook Page
Maclean Netball Club Incorporated or email:
macleannetball@hotmail.com

Every Day Matters

If your child misses
as little as

1 day
per fortnight

they will miss

4 weeks
of school
per year

which adds up
to over

1 year
missed over
their school life



Make sure your child doesn't miss out on the important things like:



Learning



Strengthening friendships



Emotional development



Scan the QR code
to learn more



YAMBA FOOTBALL CLUB



2024 REGISTRATION NOW OPEN

o register go to – Play football.com.au

you have any queries please contact us at yambafc@gmail.com or through our facebook page.

FEEES FOR 2024

Juniors	12-14 years	\$190
Juniors	15-18 years	\$205
Seniors – (SCHOOL AGE <u>ONLY PLAYING SENIORS</u>)	15-18 years	\$245

PARENTS:

don't forget, before you register, apply for the Active Kids Voucher, for each child enrolled at school. This is a government incentive to help offset the cost of kids sport.

<https://www.service.nsw.gov.au/transaction/apply-active-kids-voucher>

Talk Less
Listen More
for Parents is
a self-paced
online course
for behaviour
management



Anxiety Coach
online for
parents is a
self-paced
online course
for parents to
build resilience
in children aged
4-12



**ONE OF AUSTRALIA'S BEST EXPERTS IN
MANAGING DIFFICULT BEHAVIOURS IN CHILDREN,
ADOLESCENTS, AND ADULTS AND MANAGING CHILD
AND TEEN ANXIETY**



MACLEAN SHOW SOCIETY LTD

131st Agricultural & Industrial Show
Maclean Showground on
Tuesday 16th & Wednesday 17th April

■ CREATING OPPORTUNITIES, ACHIEVING SUCCESS

■ WOOMBAH STREET ■ MACLEAN NSW 2463 ■ 02 6645 2244 ■ www.maclehan-h.schools.nsw.edu.au



Iluka Netball Club Inc

2024 Netball Season Player Registration

Iluka Netball Club has opened registrations for the 2024 Netball season!!

You can register here:

SET/GO for players aged between 5 to 10 years

<https://www.playhq.com/netball-australia/register/cec7f8>

Juniors for players aged over 10 years

<https://www.playhq.com/netball-australia/register/742883>

If you would like more information please email us at ilukanetballclub@gmail.com

or pop down to see us at Club Iluka on Thursday 22nd of February from 4:30pm to 5:30pm

Early Bird Registrations will close 1st of March 2024

Rotary Youth Exchange



Discover the world, become a Rotary Youth Exchange Student.

Gain new perspectives, make lifelong connections, and foster peace.

- **Short Term Exchange** - 3 months to Germany. Depart Oct 2024
- **Long Term Exchange** - 12 months to multiple country options. Depart Jan 2025

How to find out more

- Visit our website - ryea.org.au to submit your Expression of Interest...
- Email Nikki - assistchairyepd9660@gmail.com
- Call Nikki - 0439 249 574
- or contact your local Rotary Club



OPEN REGISTRATION



for more info:

clarencocoastmaggiesjrl@gmail.com



MARCH 2024 - 1st March

Everyone deserves to feel safe at school



Please treat our staff
and students with
kindness and respect



Aggressive behaviour
will **not be tolerated**



Together, we can create
**a safe and harmonious
environment** for our
students and staff



Is your child in year 7 or year 10?



Provide your consent for routine school vaccinations online.

At the beginning of the school year, your child's school
will share the link to complete the online consent form.

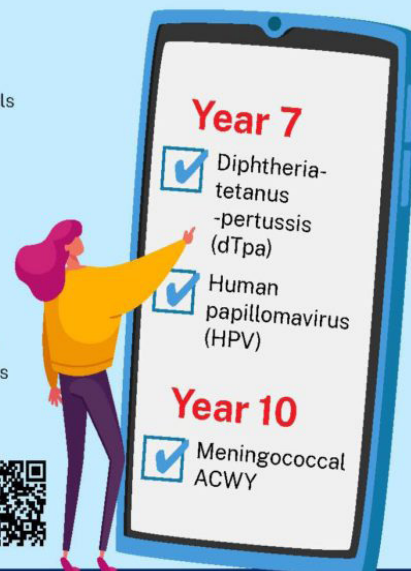
Benefits of providing online consent:

- easily update your child's details
- get SMS notifications when vaccinations are given
- faster upload of vaccination records to the Australian Immunisation Register (AIR)

To provide online consent, you will need:

- the link provided by the school
- your Service NSW log-in details
- medicare details for you and your child

Scan the QR code to
give your consent now.



For more information on vaccination visit:
health.nsw.gov.au/schoolvaccination

November 2022 © NSW Health, SHPN (HP NSW) 221060.

NSW Health

Helpline Numbers/Online Resources

Kids Helpline: 1800 551800 or www.kidshelp.com.au

Lifeline: 13 1114 or www.lifeline.org.au

Headspace: 1800 650890 or www.eheadspace.org.au

Beyond Blue: 1300 224636 or www.beyondblue.org.au

Reachout: <http://au.reachout.com>

Suicide Call Back Service: 1300 659467

Parent Line NSW: 1300 1300 52 or www.parentline.org.au

WayAhead Directory: <http://directory.wayahead.org.au>

Mental Health Telephone Access Line: 1800 011511 (operates 24 hours a day, 7 days a week.

It is staffed by clinicians who can provide advice, make referrals and link callers to the Mental Health Service in their local health district).

School Counsellors: Mr Andrew Allen & Ms Tay Cone

Wellbeing Health In-Reach Nurse: Mrs Sally Loy (Work No: 0484 648 062)