

# Maclean High School

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## Newsletter

September  
2024

[www.macle-an-h.schools.nsw.edu.au](http://www.macle-an-h.schools.nsw.edu.au)

02 6645 2244



# Principal's Report

It has been another very successful term at Maclean High School. As always, I am excited by all the amazing opportunities both in and out of the classroom that our students have been engaging with. I know that you will enjoy reading about a variety of them in this edition of the newsletter.

This year, we had an amazing 20 nominees for our 2025 School Captain election. I had the great pleasure of interviewing all candidates to discuss their intentions as future school leaders at our school. On Tuesday 10th September, we held our PBL and Leadership Announcement assembly. This was a fantastic event held in our new assembly space with many parents, carers and community members present. Following a very tight election race, we were excited to announce the following students as 2025 leaders:

**School Captain:** Jasper W

**School Captain:** Paige H

**School Captain:** Campbell K

**Vice-Captain:** Elora A

**Vice-Captain:** Zoe S

## House Captains:

	Yugaamgan	Wuy wuy	Waandyi	Garidi
House Captains	Sasha B	Malakai J	Antwone Q	Zoe S
	Jett B	Grace J	Tana L	Jasper W
	Elora A	Kohen G	Luna P	Harper S
	Bailey A	Jessica J	Angus O	Anthony S

I have no doubt that all these leaders will do an exceptional job in representing our school with pride over the next 12 months. While not everyone left that assembly with a badge or position, I encourage every student to stay hungry for leadership and chances to connect with their peers and improve our school.

Congratulations also to our PBL Yurraana Dugulaarra House Cup winners, Garidi and top point scorers. Thank you for continuing to uphold our core values of Respect, Effort and Safety. In narrowing down our PBL values this year, we are focusing on the right and most important work. Congratulations on your outstanding achievements. I look forward to watching our PBL work and events growing bigger and better each year.

	Yugaamgan	Wuy wuy	Waandyi	Garidi
Junior	Zahli C	Emma K	Freya M	Tessah S
Senior	Bodhi B	Paige H	Logan M	Zoe S





# Principal's Report

And finally, as we begin the process of farewelling our current Year 12 students over the coming weeks, I congratulate them on their time here at Maclean High School. This cohort has done an outstanding job of dedicating themselves to their studies and seizing each opportunity to improve their skills and follow their passions, sometimes despite what the world may have thrown at them. We look forward to their Graduation Assembly and Formal in Week 10 as a final moment to recognise their significant achievements. From there, it is time for them to really focus on preparing for their HSC Examinations. These commence on Tuesday 15th October. You can find the final timetable available [HERE](#). Our examinations will be held at The Maclean Showground this year, ensuring our students have the best opportunity to complete them without disruption. We all wish them the very best of luck and know that each of them will strive to achieve their personal best.



James Witchard  
Principal



# Goanna Academy

We have been privileged to be offered a space with Greg Inglis' Goanna Academy this term! In the first session, we learnt about challenging the stigma that can surround mental illness and identifying our support networks. Who do you have in your team? In the second session, we identified our personal strengths and areas for self-improvement. We used this self-reflection to set some SMART goals. Goal setting is a powerful tool for thinking about your future, and for motivating yourself to turn your vision into reality!

Some of the specialist support people we have here at MHS include our School Counsellor and Psychologist Andrew and Tay, our Student Support Officer Anna, our WHIN Phoebe, our Deputy Principals Mrs Carle and Mrs Graham and your Year Advisors. But of course, you can talk to any of us! If you're looking for an outside support network, have you considered your GP, Headspace, 13 Yarn, Beyond Blue and Kids Helpline? It's normal to feel sad, stressed, confused or angry. Talking to people you trust can help.

Mrs Turner

# Important Dates

- 13 Sep
  - NSWCHS Athletics
- 16 - 27 Sep
  - Yearly Exams
- 17 Sep
  - G2G Roadshow
- 19 Sep
  - Parent Teacher Interviews  
3.45pm - 7pm
- 23 - 27 Sep
  - Yr 7 Camp Milson Island
- 25 Sep
  - Yr 12 Mystery Tour
- 26 Sep
  - Yr 12 Breakfast
  - Yr 12 Graduation Assembly
  - Yr 12 Formal
  - Mareeba Aged Care Yr 10 Child Studies
- 14 Oct
  - P&C Meeting Library 6pm  
no September meeting





The last few days at EKKA were very special for the Cattle Team, with two unexpected highlights. On Friday, Day 7, our Braford cow Mystique and Allure her calf, were awarded first in their class. They then went on to win the championship in that class and were awarded Champion Female. The cow and calf were then judged against a bull of the same breed and were awarded second place for the Supreme Champion Braford Cow. (The history of judging dictates that it is very rare for a cow to win over a bull in this type of event) Mystique's win as Supreme Braford Cow made her eligible for the Grand Parade on Day 8, along with all the other champions. We were thrilled with this result as the Braford cow and calf have been owned and raised by Maclean High School. It was an incredible feat, given that there were 720 cattle and 22 breeds at the EKKA this year.



Our second highlight came on Day 8 at the RNA Premier Beef Presentation Awards. These awards are given to beef owners' carcasses processed during EKKA. In this competition, a carcass is assessed on criteria such as weight, fat depth, meat yield, and meat colour. Maclean High School was awarded second place for Led Steer Carcass 376-400 kg, scoring 87 points out of 100.



Such success cannot come without a dedicated team who are constantly working behind the scenes. Thank you to Pete who was with the students every step of the way. If they were up at 5am he was up at 4am preparing the stalls, carting equipment and making sure things ran smoothly. Mark, Scott, Tracy and Dean, our parent helpers, a big thank you for everything, which included driving cattle trucks, preparing meals, shopping, steam ironing shirts and jeans and moving gear between rings. A big thank you to Leigh, the unofficial manager and logistics expert whose extensive knowledge, organisational skills and eye for detail, including stain removal from show jeans (white), kept the whole operation moving forward each day of the competition. Their dedication and hard work were truly inspiring and played a significant role in our success.



Lastly, congratulations to the team: Abi, Indi, Tully, Riley, Elora, Maya, Lara, Neve, Tara, Nathan, Bailey, Bryson, Olivia, and Grace. These students and their teacher, Mr. Kirkland, have worked incredibly hard inside and outside the ring to showcase excellence in teaching and learning within the Cattle Program at Maclean High School. Congratulations on a magnificent and unforgettable EKKA 2024.



Mr Kirkland & Mrs Hamilton

# EKKA Round up

[www.maclehan-h.schools.nsw.edu.au](http://www.maclehan-h.schools.nsw.edu.au) / 02 6645 2244



# National Indigenous Science Education Program



A big congratulations to Max, Jasper and Ms Watts who represented MHS at the National Indigenous Science Education Program event at the Redfern Community Centre. It was a great opportunity for the students to lead activities and learn from Elders like Aunty Glenda and Uncle Shane. MHS has a long standing association with Macquarie Uni and it was a great day to be a part of and to help strengthen relationships and university pathways for our students.

Year 8 have been studying The Black Death in history and learning about the spread of the plague across Europe. Some of the things we have examined include the symptoms of The Black Death and the medical knowledge at the time. We have watched clips on how devastating this plague was and looked at the role of plague doctors. We also had the opportunity to dress up as a plague doctor and visit some staff in other classrooms.

Mrs Hogan



## Year 8 History

[www.macle-an-h.schools.nsw.edu.au](http://www.macle-an-h.schools.nsw.edu.au) / 02 6645 2244



Our Year 9 students recently participated in the One Stop Shop, an interactive health and wellbeing day organised by the Clarence Valley Council. The event brought together a bunch of awesome organisations like Bulgarr Ngaru, Headspace, Clarence Valley Youth, New School of Arts, Mudyala, Serco, Services Australia, and Momentum to help our students learn about taking care of their mental and physical health.

Throughout the day, the students joined in on workshops and info sessions where they picked up tips on how to stay healthy, recognise when they or their friends might need help, and how to support each other. The atmosphere was relaxed and encouraging, giving everyone a chance to talk openly about some really important topics.

One of the highlights was seeing some of our own ex-students, now working in local health and wellbeing organisations, running workshops and sharing their expertise. It was inspiring for our Year 9s to see familiar faces leading the way and giving back to the community. Their presence added a special touch to the day, showing our current students that they too, can make a positive impact in the future.

The day wrapped up with an inspiring session from Luke Kennedy, who shared his own life story. Growing up in Sydney's Southern suburbs, Luke had a love for boxing and a knack for getting into trouble. Things got out of hand as his wild behaviour started to hurt not just him but the people around him. After a couple of near-death experiences, Luke decided to turn his life around completely. Today, he's a motivational speaker, successful gym owner, and living proof that it's never too late to make positive changes.

Luke's story reminded students even when things get tough, there's always a way to turn things around. His journey was a powerful way to end a day full of learning and reflection.

A special thank you to Rotary for supplying a free lunch for our students, Mrs Kane for internal logistics and Mrs Mercy, Mrs Turner, Mr Durney, Anna our Student Support Officer & Miss Fisher for supervising on the day.

Miss Fisher



# One Stop Shop

[www.macle-an-h.schools.nsw.edu.au](http://www.macle-an-h.schools.nsw.edu.au) / 02 6645 2244



# Yaegl Celebration of Land & Sea Title



A group of nine students were invited to the Yaegl Celebration of Land and Sea Title at Ford Park, Yamba. They were able to meet with Grant Brown and other workers from the Yaegl Traditional Owners and some ex-students from Maclean High School. Yarns were had about what's happening with Traditional Owners on Yaegl Country. There was a BBQ lunch and cultural activities. The students were very respectful on the day.

Mrs Bowie & Mrs Warburton





On Sunday, August 18th, 56 students and 6 staff members from Maclean High set off late in the evening for a massive 16-hour journey to Berridale, kicking off the long-anticipated 2024 Snow Trip.

After arriving around 3 p.m. on Monday, everyone suited up with snowboards, skis, boots, jackets, and more, quickly getting into the routine of packing the bus—skis at the front, ski boots in the middle, and boards at the back.

Tuesday was the big day on the mountain, with some students experiencing snow for the very first time. Lessons took place, sparking a love for snow sports. There were plenty of wipeouts—not just from the students, but even some staff had their share of tumbles as their skis stopped but they didn't!

Wednesday brought snowfall throughout the day, and Thursday was hit with some of the coldest temperatures many students had ever felt.

By Friday afternoon, the bus was packed with tired but happy students, who all received compliments from the coach drivers, Snow Gate Motel staff, and even teachers from other schools for their excellent behaviour and manners. The supervising staff were proud to say that Maclean High students truly represented the school in a positive light.

A massive thank you also needs to go to Year 11's year adviser, Callan Obst, for putting in the hard work of organising the excursion.



Miss Watts



# Yr 11 Snow Trip

[www.macle-an-h.schools.nsw.edu.au](http://www.macle-an-h.schools.nsw.edu.au) / 02 6645 2244



# Getting a Head Start

Recently, we teamed up with the Educational Pathways Program to offer students a new training opportunity designed to boost their education and career prospects.

Through the 'Head Start' initiative, students got to participate in pre-apprenticeship training with Yalagan Group Training Organisation, focusing on the construction industry. They picked up key skills across three different units and got a hands-on introduction to operating a scissor lift. Those who were eligible even had the chance to earn their EWPA (Yellow Card) qualification by completing the training and assessment for operating an elevating work platform.

A major focus of the training was on work health and safety, which is crucial in this field. Students also got practical experience using hand and power tools, including building a timber frame as part of their assessment. Plus, they completed CPR training to earn their certification in providing Cardiopulmonary Resuscitation.

These skills give the students a real advantage when applying for apprenticeships in the industry.

On the last day, each student received a certificate for their accomplishments and had a one-on-one career guidance session with experts from Yalagan and the EPP to help them plan their next steps.

This fantastic free excursion was funded by the Educational Pathways Program (EPP), ensuring our students are well-prepared for whatever comes next—whether that's further education, training, or diving straight into a job.

If someone in your household is interested in programs like this, be sure to check Sentral regularly and keep an eye on your emails so they don't miss out.

Miss Fisher





Recently four of our Year 10 students, Lennox, Riley, Oliver & Hayden were involved in the Engineer IT program run in collaboration with Regional Industry Education Partnerships (RIEP) & the Educational Pathways Program (EPP). Over the course of four days, they dived into welding, work prep, and a local engineering business tour in the Clarence Valley.

For the first two days, students learned different welding techniques and practiced making various projects with the help of instructors from Major Training. On the work prep day, ETC trainers covered the basics of what employers expect, how to write a resume, nail interviews, and find local job opportunities. They also had a session with a Training Services NSW advisor who talked about apprenticeships and traineeships in engineering.

The group then visited Harwood Marine, Sunshine Sugar, and Wicks & Parker to see real-world engineering in action. They met with employers and apprentices, got a feel for the industry, and found out about local work experience opportunities.

This program, funded and developed by the Regional Industry Education Partnerships (RIEP) and our school's Educational Pathways Program (EPP), aimed to get students ready for higher education, training, or work. If you know someone interested in participating in programs like these, remind them to regularly check their emails and Sentral. It's also crucial for students to attend class, as we frequently have guest speakers who present and share information about these opportunities.

Miss Fisher



# Year 10 Food Technology

This week Year 10 Food Technology have been busy making their Freak Shakes. They have been planning these for over a month and delivered some quirky and fantastic results today. Well done, Year 10!

Ms Goodwin



A team of four students from our Learning Hub competed in the Inclusive School Sport Ten Pin Bowling competition in Grafton on the 15th of August. The students played incredibly well and we are excited to announce that they have qualified for the NSW School Sport Unit Ten Pin Bowling State Finals for students with disability 2024, held in Sydney on the 29th of October. The students are busy practising each week to improve their game and looking forward to a trip to Sydney!

Ms Plowman



## Ten Pin Bowling

[www.maclean-h.schools.nsw.edu.au](http://www.maclean-h.schools.nsw.edu.au) / 02 6645 2244



The last three weeks have all been about getting ready for some Drama of the best kind.

The HSC Drama practical exams began with the HSC Drama showcase, allowing the 11 talented students to exhibit their dramatic prowess to the school, community, family, and friends. The night was enthusiastically supported by all those in attendance who were amazed at the variety and level of talent living amongst the Maclean High School graduating Drama class. This showcase allowed the students to gain confidence for their practical exams the following week worth 60% of their overall Drama results.

The students were nervous but ready to wow the examiners when the big day came on Tuesday the 3rd of September. All three group performances were stellar leaving the audience an essential part of the Drama exam transported from a slapstick-inspired bank robbery to the dark underbelly of the ballet world to an unconventional battlefield. Then, the individual performances left them inspired, and admiring the quality and complexity of the pieces.

The journey here from their first Drama class in Year 9 has been long and at times emotionally challenging, but as their teacher, I am incredibly proud of all the achievements that have led to this point. There is nothing these Dramatic human beings cannot do when they put their minds to it.

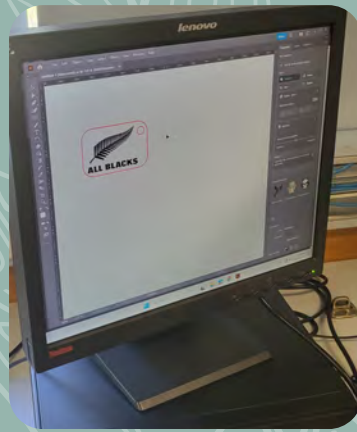
Mrs O'Neill



# Year 8 Timber

Year 8 have been busy of late creating laser designs on Adobe and also make all sorts of timber projects ranging from trucks to money boxes. Lots of different and interesting ideas and individual flair with their designs. Nice work, Year 8

Mrs Goodwin



We are excited to share that MHS alumnus, William Woods, has successfully completed his training with Virgin Australia and is now set to embark on his career on domestic flights within Australia. This accomplishment is a testament to his dedication and preparation throughout the rigorous selection process.

To land this role, William navigated a comprehensive recruitment journey that included the traditional submission of resume but also, participating in phone screens, and excelling at a Recruitment Day. Williams journey culminated in a successful behavioral interview, where he illustrated how his past experiences and actions aligned with Virgin Australia's values and job expectations. His ability to articulate his experiences and their outcomes was key to securing his position.

We extend our congratulations to William and wish him all the best as he begins his exciting new role with Virgin Australia. His achievement underscores the importance of preparation, dedication, and presenting oneself authentically in the pursuit of career goals.

Miss Fisher

**Soaring to New Heights with Virgin Australia**

[www.maclehan-h.schools.nsw.edu.au](http://www.maclehan-h.schools.nsw.edu.au) / 02 6645 2244





# Mareeba Aged Care Visits

Year 10 Child Studies have had the opportunity to connect with the local community by regularly visiting Mareeba Aged Care during their Child Studies lessons.

Ample amounts of good cheer and wonderful connections are being made with students and residents having a good chat whilst being involved in enjoyable activities. Learning the art of baking the perfect scone at the same time developing their skills in communication and understanding the value of building positive relationships has had our students up and dancing, literally!!!

Live entertainment along with a piece of cake is part and parcel of the wonderful experiences Year 10 have been involved in with the residents and carers at Mareeba.

We look forward to many more memorable moments throughout the remainder of the year.

Big shout out to the wonderful Denise Ryan at Mareeba for her dedication and passion in joining with Maclean High School to build a strong connection with community.



Mrs Reeves



# Hophop the Rabbit

A new fluffy addition to the school has bounced its way into the TAFE complex. Known affectionately as Hophop the new bunny has made himself right at home. In between getting hugs and eating grass and yummy leftover fruit and vegetables he can be found bouncing around in the garden and watching the world go by. His favourite pastime other than eating, tends to be sleeping, however, he always has energy for recess and lunch time hugs. With such a wonderful temperament and that adorable bunny face, well you can be sure he is a big success and will continue to bring much enjoyment to all who stop by to say hello. Come on over and see Hophop whenever you like and prepare to leave wanting a rabbit of your own.

Mr Wilson



Drama students from Years 9 to 12 travelled to Byron Bay on the annual Dramaworks excursion to experience the exemplary SC theatre performances from the region's high schools. It was another inspiring performance day for our students as they navigate their own individual and group performances in their Drama classes. For some students, this trip is their only opportunity to witness live theatre, the joy on their faces on exiting the theatre assures me it will not be their last.

A big thank you to the participating staff, Reece and Mrs. Oestmann for ensuring the day was successful.

Mrs O'Neill



## Dramaworks

[www.macleanschools.nsw.edu.au](http://www.macleanschools.nsw.edu.au) / 02 6645 2244





# Bushfire danger period information for parents and carers



## Factsheet

This factsheet provides information for parents and carers about arrangements for the bushfire danger period.

The NSW Department of Education has engaged external experts to conduct assessments of all NSW government schools, to identify schools at greater risk of impact from bushfires.

To support the health, safety and wellbeing of students and staff, the department, in consultation with NSW Rural Fire Service (NSW RFS), will direct the school to temporarily cease operations on days when a Catastrophic Fire Danger Rating has been declared for your school's NSW fire area. Alternative learning arrangements will be put in place for these days.

Schools may be directed by the department to become non-operational at any time based on advice from emergency services and the State Emergency Operations Centre.



### What is a Fire Danger Rating?

Fire Danger Ratings describe the potential level of danger should a fire start. The ratings are determined by a combination of factors including air temperature, relative humidity, wind speed and drought.

For further information on the Australian Fire Danger Rating System, visit [rfs.nsw.gov.au/news-and-media/fire-danger-ratings-are-changing-soon](https://rfs.nsw.gov.au/news-and-media/fire-danger-ratings-are-changing-soon)

### Fire Danger Rating sign





## When will I know if my child's school has been made non-operational?

At approximately 4:00pm each day the Fire Danger Rating is issued for the following day. This means that schools, including onsite preschools, will be notified after school hours that it will be non-operational the following day. Your school will notify you as soon as possible by the preferred method of communication.

### Parents and carers are requested to:

- provide up-to-date home and after-hours contact details to your school
- stay up-to-date with news and local media through the bushfire danger period.



## NSW School Updates app

Get the free NSW School Updates app to receive operational status updates for NSW public schools [education.nsw.gov.au/parents-and-carers/nsw-school-updates-app](https://education.nsw.gov.au/parents-and-carers/nsw-school-updates-app)



## What education arrangements will be in place if the school is non-operational?

When non-operational, your school will advise of alternative learning arrangements, including any relocation or learning from home plans.



## Learn more

Be prepared and ensure you have a bushfire survival plan in place. The NSW RFS has resources for all residents to plan and prepare for the bushfire season.

Consider whether your home is safe from bushfires and grassfires, and be prepared to relocate to a safer place well in advance. Find more information and resources from the NSW RFS [rfs.nsw.gov.au/plan-and-prepare](https://rfs.nsw.gov.au/plan-and-prepare)

We appreciate your cooperation during the bushfire season. For further information about Fire Danger Ratings and the bushfire danger period, please refer to [NSW Rural Fire Service rfs.nsw.gov.au](https://www.nsw.gov.au/rural-fire-service)

The department's School Safety website [education.nsw.gov.au/public-schools/school-safety](https://education.nsw.gov.au/public-schools/school-safety) provides up to date information during bushfires and grassfire emergencies.

Please contact your school with any additional questions.



**FUNDRAISING TRIVIA NIGHT & AUCTION**

**6PM 28TH SEPTEMBER**  
**GRAFTON DISTRICT SERVICES CLUB**

JOIN US FOR A FUN FILLED EVENING OF TRIVIA AND A LIVELY AUCTION TO SUPPORT RELAY FOR LIFE AND THE CANCER COUNCIL

**\$200 FOR A TABLE OF 8**

PAYMENT TO BE MADE ON THE NIGHT - LEFTS AVAILABLE TO BOOK A TABLE OR FOR MORE INFORMATION PLEASE CONTACT  
 GRAFTONRELAYFORLIFE@OUTLOOK.COM OR CALL 0488934291  
 ORDERS & PAYMENTS CAN BE MADE DIRECTLY TO THE GDSC

**UP FOR AUCTION**

- 10 HOME GAME GOLD COAST TITANS TICKETS - DONATED BY THE GOLD COAST TITANS
- FAMILY PORTRAIT SESSION AND FAMILY WARDROBE PACKAGE - DONATED BY GENS BANKS PHOTOGRAPHY, 230 ZAG BOUTIQUE, BEST & LEST GRAFTON
- SIGNED GREATER WESTERN SYDNEY GIANTS AFL JERSEY - DONATED BY GREATER WESTERN SYDNEY GIANTS PLAYERS
- PAINT PARTY KIT FOR 6 PEOPLE - DONATED BY KILLMOSE & CO
- GRASS FED Paddock TO PLATE BEEF PACK - DONATED BY DSARA STATION
- TRAILER LOAD OF FIREWOOD - DONATED BY L & S LOGGING

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**SATURDAY 19TH OCTOBER**  
 10AM TO 2PM

**150 YEARS**

**FUN FOR THE WHOLE FAMILY!**

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 CAKE STALL | BBQ | COFFEE | LIVE ENTERTAINMENT

FOR MORE INFORMATION PLEASE CONTACT COWPER PUBLIC SCHOOL  
 03 6647 6339  
 COWPER-P.SCHOOL@DET.NSW.EDU  
 7A CLARENCE STREET, COWPER 2460

**UNDER 15s YOUTH GIRLS AFL**  
**COME AND TRY SESSION**

Yamba Sporting Complex  
 Wednesday 18th September  
 4:45-5:45pm

For girls turning 13, 14, & 15 in 2025 who are interested in finding out about the Lower Clarence Suns 2025 Youth Under 15s Girls team.

Play for fitness, friendship, and fun while setting yourself up for the future.  
 Whether you're new to footy or a few years in, Youth Footy is designed with teens in mind.

**SUNS** @lower\_clarence\_suns\_afl #lowerclarencesuns

**SMART ARTS**

CHILDREN & YOUTH ART GROUP

COME ALONG AND ENJOY ART BASED ACTIVITIES CHANGING WEEKLY. YOUTH LED ENGAGEMENT FOR ALL CHILDREN, ENCOURAGING CHILDREN AND YOUTH WITH ADDITIONAL LEARNING NEEDS.

WHERE: OLD TEA ROOM MACLEAN SHOWGROUND  
 TIME: 3:30PM TILL 5:30PM  
 DAY: MONDAY'S  
 TERM 3 DATES: 29TH JULY, 5TH AUGUST, 12TH AUGUST, 19TH AUGUST, 26 AUGUST, 2 SEPTEMBER, 9 SEPTEMBER, 16 SEPTEMBER & 23 SEPTEMBER

FREE AFTERNOON SNACKS & SUPPORTS  
 FOR MORE INFORMATION EMAIL OFFICE@MUDYALA.ORG.AU

REGISTER HERE  
**MUDYALA** ABORIGINAL CORPORATION

**SOCIAL FUTURES** **HEALTHY NORTH COAST**

Made possible through the Social Futures Resilient Kids program. The Resilient Kids Program is funded by Healthy North Coast through a grant provided by the Australian Government.

**2025 Year 7 Scholarship**

In 2025, Maclean High School will be offering a series of Year 7 Scholarships. These scholarships will provide students with:

- \$300 Uniform Shop Voucher
- \$200 School Excursion Allowance
- Free Year 7 Camp admission
- School fees paid for Year 7
- 1 x Year 7 book pack

Scholarships will be awarded on the basis of Primary Principal nomination for one or more of the following categories:

- Academic
- Sporting
- Citizenship
- Cultural Leadership

Up to 6 scholarships will be awarded across our Lower Clarence School network for students in zone for Maclean High School. Primary Principals will nominate by the end of Term 3. Students will be awarded at their school presentation ceremonies.

For more information, please contact Maclean High School on 6645 2244

MACQUARIE UNIVERSITY presents

**COMMUNITY SCIENCE NIGHT**

**17 SEP 2024**

JOIN US FOR A FUN NIGHT OF SCIENCE AND DISCOVERY

**FREE**

Activities include:

- PLANETARIUM** MQ ASSOCIATION FOR ASTRONOMY
- ROBOTICS** FIRST AUSTRALIA
- GENETICS** MQ NATURAL SCIENCES

and so much more...

WHEN: 6:00PM - 7:30PM  
 WHERE: POYC GRAFTON - 301 HOWELL ST, GRAFTON NSW 2460  
 FOR: STUDENTS & PARENTS/CAREERS INTERESTED IN ALL THINGS SCIENCE

LIMITED PLACES  
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FIND OUT MORE: [www.mq.edu.au/comm-science-night](http://www.mq.edu.au/comm-science-night) | 02 6359 1000 | [gs@mq.edu.au](mailto:gs@mq.edu.au)

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COME AND JOIN THE FUN, EVEN IF YOU'VE NEVER SUNG BEFORE

ALL WELCOME!

AGES 16 AND OVER

EVERY WEDNESDAY  
 6PM - 7PM

COST - \$15

WOOLI STREET HALL  
 45 WOOLI ST, YAMBA

**Yamba Community Choir**

CONTACT:  
 ELYSHA WEST  
 TEL: 0422 948 361





UNTTLED GROUP, TRIPLE 3 & DYLAN ALCOY FOUNDATION PRESENT ABILITY FEST 2024

# Ability Fest

A MUSIC FESTIVAL DESIGNED FOR EVERYONE TO EXPERIENCE THE MAGIC OF LIVE MUSIC.

26 October Victoria Park Barrambin Brisbane Meanjin 16+ Event

ASHA JEFFERIES ♪ BAG RAIDERS ♪ BOONE ♪ BRENNI ♪ CHEQ ♪ CUB SPORT DEWBBS ♪ ELIZA HULL ♪ EVES KARYDAS ♪ JAMES JAMES JAMES ♪ JORDAN BRAND ♪ JORDZ ♪ KING STINGRAY ♪ KITA ALEXANDER ♪ MIDDLE KIDS ♪ MIKALAH WATEGO ♪ MOSS ♪ NEESHA ALEXANDER ♪ OCEAN ALLEY ♪ XEIMMA

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Chat to your Support Team or Team Leader today!

Limited Spots!

CARINGA AUSTRALIA CHANGES PRICES THAT ARE OUTLINED IN THE INFO SHEET GUIDE.

NSW GOVERNMENT

## COMMUNITY INVITATION PLEASE JOIN US

AT MARKET SQUARE PRINCE STREET GRAFTON

FOR RURAL ROAD SAFETY MONTH

Wednesday 11 September 2024

12:00pm - 1:30pm

FREE ENTRY EVENT

WHAT'S YOUR SUPER POWER? **SUBURBAN SUPERHEROES**

INCLUSIVE + ACCESSIBLE TWO DAY WORKSHOP

TUESDAY AUGUST 20 + WEDNESDAY AUGUST 21 10AM TO 2PM

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Play with character development and costume design, exploring ideas of everyday superheroes!

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**livable** your life your way

## FAMILY & RELATIONSHIP SERVICES TERM 3, 2024 EVENTS

FREE EVENTS Refreshments provided

**GRAFTON** LIVABLE: 11 KEMP ST.

**MINDFUL PARENTING** 30 JULY | 10 AM - 12 PM

Stay calm during challenging parenting moments and help your home run smoother with mindfulness.

**FEAR-LESS TRIPLE P** 6 CONSECUTIVE WEDNESDAYS 31 JULY - 4 SEPT | 12 PM - 2:30 PM

Small changes; Big differences: Learn practical techniques that make a lasting impact in reducing anxiety in your child.

**PARENTING THRU A NEURODIVERGENT LENS** 1 AUGUST | 10 AM - 12 PM

Discover empowering parenting approaches that celebrate neurodiversity while nurturing your child's unique strengths.

**CIRCLE OF SECURITY PARENTING PROGRAM** 8 CONSECUTIVE TUESDAYS 6 AUGUST - 24 SEPT | 10 AM - 12 PM

Dissolve challenging behaviours by learning how to reconnect with your child.

**MANAGING ANGER** 2 CONSECUTIVE THURSDAYS 8 & 15 AUGUST | 10 AM - 12 PM

It's okay to acknowledge when you're dealing with anger. Learn practical strategies you can use today.

**THOUGHTFUL PARENTING** 2 CONSECUTIVE THURSDAYS 8 & 15 AUGUST | 12:30 PM - 2:30 PM

Learn how to strengthen your relationship with your child through practical videos and discussions.

**ANXIETY 101** 12 AUGUST | 10 AM - 12 PM

A practical approach to supporting your child to break free from anxiety.

**PARENTING WITH YOUR EX** 29 AUGUST | 10 AM - 12:30 PM

Navigate the complexities of parenting with your ex, even when emotions run high!

**MANAGING BIG BEHAVIOURS** 9 SEPT | 10 AM - 12:30 PM

Understand big behaviours in your child by tuning in to their emotions to help them express themselves.

**ENGAGING ADOLESCENTS** 3 CONSECUTIVE WEDNESDAYS 11, 18 & 25 SEPT | 10 AM - 12:30 PM

Navigate the challenges and increase parent-teen connectedness.

**UNDERSTANDING FAMILY VIOLENCE** 12 SEPT | 10 AM - 12 PM

Learn to address family violence and support your children in a safe and nurturing environment.

**VISUAL PROMPTS FOR EFFECTIVE ROUTINES** 26 SEPT | 10 AM - 12 PM

Help put structure back: practical ideas for where to start with routines, resilience and rewards.

**MACLEAN SHOWGROUND** JIM THOMPSON PAVILION: HALL

**ANXIETY 101** 5 AUGUST | 11 AM - 1 PM

Learn how to reduce anxiety in your child and make a difference that lasts.

**MANAGING ANGER** 2 CONSECUTIVE MONDAYS 19 & 26 AUGUST | 11 AM - 1 PM

It's okay to acknowledge when you're dealing with anger. Learn practical strategies you can use today.

**UNDERSTANDING FAMILY VIOLENCE** 2 SEPT | 11 AM - 1 PM

Learn about domestic & family violence: the cycle, patterns and effects on partners and children.

**VISUAL PROMPTS FOR EFFECTIVE ROUTINES** 16 SEPT | 11 AM - 1 PM

Help put structure back: practical ideas for where to start with routines, resilience and rewards.

**MANAGING BIG BEHAVIOURS** 23 SEPT | 11 AM - 1 PM

Understand big behaviours in your child by tuning into their emotions to help them express themselves.

**BOOKINGS ESSENTIAL** 1800 289 927 [LIVABLE.ORG.AU/EVENTS](https://www.livable.org.au/events)

Livable Family and Relationship Services is funded by the Department of Social Services.

**RYTS**

## ROTARY YOUTH TRANSITION SEMINAR

EXPRESSIONS OF INTEREST ARE NOW OPEN FOR YEAR 11 & 12 STUDENTS

15-20 DECEMBER 2024

Apply NOW

**Takeaways**

- Personal Growth
- Teamwork
- Self-awareness
- Life-long friendships
- Practical skills for life after school.

"RYTS is the most amazing and rewarding experience a young person could ask for for Abbey (Past Participant)"

For More Information [ryts@rotary9640.org](mailto:ryts@rotary9640.org)

CLARENCE FOOTBALL ACADEMY FOLLOW US

## OCTOBER HOLIDAY CAMP

The Clarence Valley's Newest Football Academy

\$50 PER DAY

- Sessions run by qualified NPL coach
- Technical Skill Development
- Game Based Training
- Intro to Strength and Conditioning

MINI BALLERS	DEVELOPMENT CAMP	PERFORMANCE CAMP
5-7 years old 9AM - 12PM Oct 2nd, 3rd, 4th	8-11 years old 1PM - 4PM Oct 2nd, 3rd, 4th	12-16 years old 9am - 1pm Oct 8th, 9th, 10th

ANGOURIE OVAL, VAMBA

More Information [hurrymzies@clarencefootballacademy.com.au](mailto:hurrymzies@clarencefootballacademy.com.au)

MACLEAN H.S. FACTA NON VERBA



# Everyone deserves to feel safe at school

Please treat our staff and students with **kindness and respect**

Aggressive behaviour will **not be tolerated**

Together, we can create a **safe and harmonious environment** for our students and staff



education.nsw.gov.au

## Helpline Numbers/Online Resources

**Kids Helpline:** 1800 551800 or [www.kidshelp.com.au](http://www.kidshelp.com.au)

**Lifeline:** 13 1114 or [www.lifeline.org.au](http://www.lifeline.org.au)

**Headspace:** 1800 650890 or [www.eheadspace.org.au](http://www.eheadspace.org.au)

**Beyond Blue:** 1300 224636 or [www.beyondblue.org.au](http://www.beyondblue.org.au)

**Reachout:** <http://au.reachout.com>

**Suicide Call Back Service:** 1300 659467

**Parent Line NSW:** 1300 1300 52 or [www.parentline.org.au](http://www.parentline.org.au)

**WayAhead Directory:** <http://directory.wayahead.org.au>

**Mental Health Telephone Access Line:** 1800 011511 (operates 24 hours a day, 7 days a week.

It is staffed by clinicians who can provide advice, make referrals and link callers to the Mental Health Service in their local health district).

**School Counsellors:** Mr Andrew Allen & Ms Tay Cone

**Wellbeing Health In-Reach Nurse:** Ms Phoebe Meneer



**BreastScreen NSW**

Our mobile van is coming to **Maclean**

19<sup>th</sup> August – 17<sup>th</sup> September 2024\*

\* Exact dates dependent on bookings

Call 13 20 50

**Car park at Cameron Park**  
7-9 Centenary Drive  
(Behind the CBD and near Ritchies IGA)

We recommend women aged 50-74 have a breast screen every two years.  
Book your free breast screen online at [book.breastscreen.nsw.gov.au](http://book.breastscreen.nsw.gov.au) or call 13 20 50.



**LIFEGUARD**

**CALL FOR LIFEGUARDS**

Lifeguard positions opening soon at the new Regional Aquatic Centre

- Positions available in December 2024
- Register your interest now at [regionalaquaticcentre@clarence.nsw.gov.au](mailto:regionalaquaticcentre@clarence.nsw.gov.au)

**NAME YOUR NEW REGIONAL AQUATIC CENTRE**

Think big and share a name that reflects the entire Clarence Valley  
Go to [clarenceconversations.com.au](http://clarenceconversations.com.au)

